

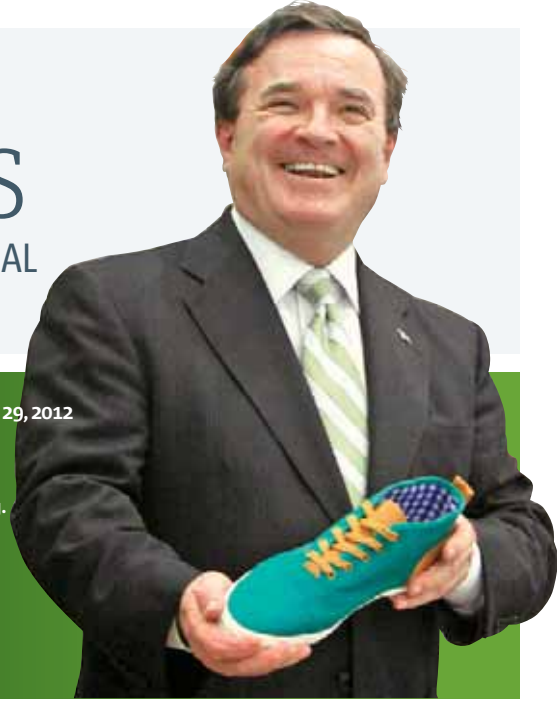
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# TORIES HOPING THE BUDGET FITS

FLAHERTY TO BRING ON CUTS IN FIRST FINANCIAL BLUEPRINT AS MAJORITY GOVERNMENT

PAGE 16



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Thursday, March 29, 2012

News worth sharing.



# Transit crime is down, not the concerns

**Expansion plans.** Two new parking areas will be introduced next year with west LRT expansion



Crime rates in Calgary Transit parking lots have plummeted in recent years, but some aldermen worry enforcement may soon be stretched too thin. Officials credit increased patrols, public awareness,

vehicle audits and a program designed to bait car thieves with reducing vehicle crime on transit property by roughly 75 per cent over the last five years. Illegal activity on platforms, buses and trains was also down slightly last year. "Right now our strategy is probably to stay the course," said Brian Whitelaw, co-ordinator of public safety. "The costs of providing security kind of balance out with the fact (crime rates) are now so low." But multiple aldermen expressed concern that patrols and other security resources will take a hit as the service

area expands with the introduction of the west LRT line — and two parking lots — in the spring of 2013. As well, much of the revenue generated by the now abolished \$3 park-and-ride fee was intended to be put towards crime prevention. "The price will ultimately be less security ... in my view, it's a terrible shame," said Ald. Gord Lowe, who has long called for the fee to be reinstated. Whitelaw conceded more funding would always be better, but remained optimistic. "We are still out there with high-visibility patrols in our parking lots," he said.

# ROYAL PAINS

PAGE 37

Los Angeles Kings' Slava Voynov pressures Calgary Flames goalie Miikka Kiprusoff during second-period action in Calgary on Wednesday. The Flames' playoff chances took a hit with a 3-0 loss. JEFF MCINTOSH/THE CANADIAN PRESS

**Island makeover**  
Natural beauty will be kept after St. Patrick's redesign  
PAGE 3

**Young and political**  
Youthful energy now a staple in the House of Commons  
PAGES 11-12

**A story of survival**  
Movie brings horses and people together  
PAGE 22

**TAX TIPS** No 42

You might be eligible for a first-time home buyers' tax credit.

If you acquired a qualifying home after January 27, 2009, you might be eligible for a home buyers' tax credit (HBTC).

This tax tip brought to you by Alberta's Chartered Accountants. For more information, or to see all 62 useful tax tips, please visit: [www.albertaCAs.ca](http://www.albertaCAs.ca)

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Projection 2012-13

## Public school board anticipates zero staffing cuts

Public school officials are easing fears of further teaching cuts for this fall, adding they may even hire on a few people to keep up with enrolment.

Metro learned from sources last month that the Calgary Board of Education was initially forecasting a \$30-million operating shortfall for 2012-2013. But spokesperson Richard Peter deflected that number Wednesday.

He said sustainable, three-year provincial funding, trimmed administration costs and other efficiencies have allowed the board to get ahead of the curve.

"There is an opportunity to be growing, with the primary driver to be to maximize the funding that goes into schools, funding and students," Peter said.

A report made public last week projects hiring an additional 104 employees system-wide, ranging from teachers to cleaning staff. That projection could change: negotiations over teacher contracts are ongoing between the province and union representatives.

Over the last two years, the CBE has slashed hundreds of frontline teaching positions in the face of operating deficits.

Robert Hurdman, president of the Calgary Association of Parents and School Councils, said parents will rest easier with the board's rosy outlook. "It's a big relief that the layoffs that took place over the last two years appear to be behind us now," he said.

The Calgary Catholic School District is projecting an operating surplus of \$7.5 million this year, but has yet to disclose staffing projections.

JEREMY NOLAN/METRO



A member of the Calgary Municipal Land Corp. speaks with Lesley and John Kalmakoff about plans for St. Patrick's Island with the redevelopment of the East Village. ERIC FRASER/FOR METRO

# A sneak peek at a new St. Pat's Island

**Natural makeover.** Designs being developed from more than 6,000 ideas submitted to make popular outdoor area more user-friendly

ERIC FRASER  
calgary@metronews.ca

Calgarians were able to sneak a peek and weigh in

Wednesday night on what the future holds for St. Patrick's Island.

The Calgary Municipal Land Corp. hosted an open house showcasing the plans — developed from more than 6,000 ideas submitted by Calgarians over the last two years — which emphasized maintaining the natural beauty of the island.

The design includes pulling in the river to act as a natural skating pond in the winter and the construction of a new bridge to allow ac-

cess on both sides of the island.

Neil MacKimmie, development manager for the CMLC, was one of the many representatives on hand to walk curious Calgarians through some of the plans.

"CMLC, throughout the process of redeveloping the East Village, had the position that it is not about pushing anybody out, but it's more about drawing people in," MacKimmie said.

Crescent Heights resident and current user of the river

path Lesley Kalmakoff said she likes the new concepts for the island, as natural spaces are hard to come by in an urban setting.

"It looks like they got quite a few design aspects in there, both passive and active recreation ideas," said Kalmakoff.

Online

For more news, visit  
metronews.ca



1

NEWS

Mobile news



Wondering how to dispose of your phone? Just ask it. Cities across the country are using smartphone apps to ease the process of tech recycling. Scan the code for the story.

On the web

*Lunch is for disco dancing*

Some workers in Sweden have found an offbeat way to spend their lunch hour. Actually, on-beat is more like it. Disco lights, sweaty bodies and pulsating beats are all on the menu during the lunch-time dance parties that started in Stockholm and are spreading across Europe. Watch at metronews.ca/video



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## Who loves ya? Wildrose chief says Alison Redford doesn't like Alberta

Wildrose Leader Danielle Smith on Wednesday painted rival Alison Redford as an anti-Alberta globe-trotting social engineer oblivious to life outside government.

"I think Ms. Redford doesn't like Alberta all that much," Smith told reporters at a news conference near the legislature on the third day of the provincial election campaign.

"She doesn't like who we are. She doesn't like our character, she wants to change it."

THE CANADIAN PRESS



Alison Redford speaks on the campaign trail this week.

JASON FRANSON/THE CANADIAN PRESS

\$100 million

### Liberals promise cash for doctors

The Alberta Liberals say they have a plan to make sure the doctor is always in — no matter where people live.

Leader Raj Sherman says a Liberal government would put up \$100 million to help train more doctors as general practitioners to work in small towns.

Sherman, an ER doctor, says incentives are the way to go.

THE CANADIAN PRESS

\$3 billion

### Redford makes oilsands pledge

Alberta Premier Alison Redford promises to put up an extra \$3 billion over the next two decades to develop oilsands products and protect the environment if she is re-elected.

Redford says her government would contribute \$150 million a year for 20 years to make the oilsands a world research leader. It would also boost research on water quality and the environment.

THE CANADIAN PRESS



University of Calgary student president Dylan Jones is gearing up to vote and hopes other students will do the same. CONTRIBUTED

# Voting? Call it a learning curve

**Get Out The Vote.** U of C leaders want to make sure students' voices are heard at the polls on election day, April 23.

Post-secondary students' representatives are taking steps to ensure their voices are

heard on the provincial election campaign trail.

The University of Calgary has launched its Get Out The Vote campaign in hopes of spurring students to get to the polls April 23.

The campaign provides participants with information on how and when to vote through direct communication channels, such as text messaging, said U of C student president Dylan Jones.

"We are expecting a major student turnout in the election and we believe our campaign will really assist in making that happen," he said.

Scott Weir is a student at U of C who takes pride in his political involvement.

"Unless we want our grandparents' and our parents' generation deciding what direction our policies are going in, we need to ac-

tually do something about it," Weir said.

Melissa Green, also a student at U of C, said she will be keeping a careful eye on the issues most important to her.

"It's important for students to get involved and vote because it's going to affect us in the future," she said.

For more information on the Get Out The Vote Campaign, head to [su.ucalgary.ca](http://su.ucalgary.ca).

MEGAN MAHONEY/FOR METRO

## Tweet, it's an election. New website to feature chirpings from Twitter

With the election in full swing, people's Twitter feeds are going to be battered with election-related tweets and hashtags coming from all corners of the province.

Keeping that in mind, Armadillo Studios Inc. has developed a site, [Albertatweets.ca](http://Albertatweets.ca), devoted entirely to social-media chirpings of the political kind.

Every week, Albertatweets.ca will post an infographic with the most popular hashtag topics — what they mean and who the most prolific campaign tweeters are.

Popular topics online early on included education (#ABED), healthcare (#ABHealth) and the Alberta Party platform (#ABDream).

METRO

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<sup>^</sup>Schedule subject to change. \*Book an I travel by December 23, 2012 [11:59 p.m. MT] for the properties offering every fourth night free. Book by March 31, 2012 and travel by March 31, 2012 [11:59 p.m. MT] with the fifth night free offer. The free room night(s) will be automatically applied upon booking and includes the room rate only; guests will be charged for the gratuities and if applicable, resorts fees on the free night(s). Blackout dates may apply. This offer can be combined with other offers; however it is up to the individual hotel. This offer is not available for groups. Offer may be changed or withdrawn at any time. Valid on new bookings only. Offer subject to availability. Other restrictions may apply. Fuel surcharge between \$38 - \$78 round-trip still applies to Air Miles™ redemption bookings. \*\*Ow, rweight and oversize bags subject to additional charge. Subject to change without notice. WestJet's codeshare and interline partners may charge for first bags consistent with their terms and conditions of carriage.



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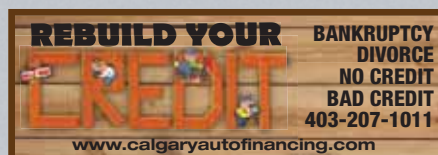


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# 'Wake up'

**Neighbourhood safety.** Criminal investigator, advocates weigh in on how a community can prevent child pornography

## Part four of a five-part series

*Predators in our midst: Metro's five-part look at child pornography—where it happens and why, and how to stop it*

Friday 'Time for change' — government officials advocate to fight predators

To read the entire series, go to [metronews.ca/calgary](http://metronews.ca/calgary)



JEREMY NOLAÏS

[jeremy.nolais@metronews.ca](mailto:jeremy.nolais@metronews.ca)

Too often, Det. Joel Ruman-cik has been forced to make that awful call, informing unsuspecting parents that a

stranger has preyed on their child online.

Predators "can make themselves anyone they want to be," said Ruman-cik, who has been with the Southern Alberta Internet Child Exploitation Unit for a year. "These individuals can pull photos anywhere from the Internet and lie about their age in hopes of gaining the trust of a child."

Rumancik said a case in point would be a file of his alleging serious crimes against former Calgary courthouse guard Daniel Mackie. Charged with 77 child-pornography-related offences last month, Mackie is believed to have victimized 16 minors across Alberta, relying heavily on



Glori Meldrum of the sexual-abuse education-and-support group Little Warriors, seen in this recent photo, says it's important for a community to actively work together to root out child pornographers. CONTRIBUTED

social media to establish contact and fulfil fantasies.

"Children are able to connect online in so many ways now," Rumancik said. "Be aware of other devices that

connect to the Internet... Most parents have no idea."

Glori Meldrum, founder of Alberta sexual-abuse education-and-support group Little Warriors, said parents and kids also need to log off of their computers from time to time and get to know their neighbours.

"It may sound harsh, but basically people need to wake up," she said. "Child abuse and pornography is a problem in every community. Yes, it's a busy world, but if we want to change this pattern of abuse, we need to stand together as a community."

## Tips to protect kids online

- Place computers in a high-traffic area of the home or maintain an "open-door" policy when kids are online.
- Be aware of all devices capable of connecting to the Internet and set child-privacy measures on each.
- Keep a list of all passwords for social media accounts held by your kids and constantly check on who they are talking and

interacting with.

- Discuss safe Internet practices with your kids, focusing specifically on what types of things they should be posting to social media and appropriate sites for them to visit.
- Immediately report any attempts to lure your child to police.

Courtesy of Alberta Law Enforcement Response Teams

## Good neighbours

### Is technology eroding our sense of community?

Rapid expansion of technology has given some a false sense of community that has the potential to erode neighbourhood safety, some advocates suggest.

In recent years, Calgary has seen longtime programs like Block Watch and Block Parent struggle to the point of extinction due in large part to low volunteer numbers.

Leslie Evans, executive director of Federation of Calgary Communities and a former youth support worker, said people still want to feel like they belong to a community but struggle to find time between raising kids with their various commitments and working full-time.

"I think it's that intimacy we are losing," she said. "I think people have lost (a sense) of what that dedication really looks like to have an improved neighbourhood life."

JEREMY NOLAÏS/METRO

## Quoted

**"It may sound harsh, but basically people need to wake up. Child abuse and pornography is a problem in every community."**

Glori Meldrum, founder of Alberta sexual abuse education and support group Little Warriors

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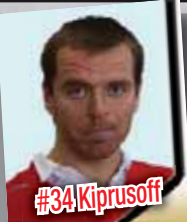
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# Food trucks to hit Stampede midway

**Local eats.** Three Calgary food trucks will be a part of the Stampede this summer



**KATIE TURNER**  
katie.turner@metronews.ca

This summer, three Calgary food trucks will be parking it for the full 10 days of

Stampede on the grounds.

Calgary Stampede spokesperson Doug Fraser said the details are being finalized as to which food trucks will be on the grounds, but they are making space to create what they're calling Stamp-Eat Street.

"The food trucks on grounds are new this year," said Fraser. "It's just another opportunity to offer Calgarians some of the best prod-

ucts around and food trucks are very popular these days."

Owner of Fiasco Gelato and creator of YYCFoodTrucks James Boettcher said having trucks at the Stampede is a great opportunity to reach a wider community.

While space on the grounds is limited, Boettcher said Calgarians will be able to find food trucks all over the city during Stampede.

## Stamp-Eat Street

**"I think we'll see kind of these mini-food-truck frenzies around town everywhere for Stampede."**

**James Boettcher**  
Owner of Fiasco Gelato  
and creator of YYCFoodTrucks



Calgary food trucks will be on the Stampede grounds this year.

CANDICE WARD/FOR METRO

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## Country music. Legendary Ian Tyson honoured in Calgary



Ian Tyson, left, Ald. Druh Farrell and director of Calgary Transit Fred Wong unveil lyrics from Tyson's song Land of Shining Mountains. MEGAN MAHONEY/FOR METRO

Four strong winds have brought legendary country music icon Ian Tyson to Calgary for the unveiling of his lyrics on the 7 Avenue signals building wall.

Tyson rode along the transit line from city hall, down to 10 Street station along with the director of Calgary Transit Fred Wong and Ald. Druh Farrell.

The lyrics mounted on the wall are from the first verse of Tyson's song Land of Shining Mountains.

"This is the capstone of a really beautiful project, and

the Land of Shining Mountains really stood out to us because it is a quintessential Alberta song," said Farrell.

Tyson got up in front of the crowd to express his gratitude.

"This is a wonderful thing for me and it's so cool to see," said Tyson. "It's even in my handwriting. I can't believe it."

Later this year the city will be inscribing the second verse of the Land of Shining Mountains on the south side of the 7 Avenue signals building. MEGAN MAHONEY/FOR METRO

### Expired contract

#### Medical examiner steps down

Alberta's chief medical officer of health has resigned.

Dr. Andre Corriveau says he is moving home to Yellowknife.

He arrived in Alberta from the Northwest Territories in 2009.

Corriveau is heading back to his previous job there as chief medical officer of health.

His three-year contract was set to expire at the end of March.

Corriveau said he "agonized" over the decision for a month.

THE CANADIAN PRESS

### Underage at the time

#### Convicted killer seeking youth sentence

The person convicted of murdering Calgary teen Adam Cavanagh is reportedly seeking a youth sentence because he was underage at the time.

If convicted as a youth, the man would face a 10-year sentence — six in custody and four under supervision for the murder.

The Crown is pushing for an adult sentencing for the killer, which means life in prison.

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Two of Canada's younger federal politicians are grabbing attention and raising money for the Ottawa Regional Cancer Foundation by trading their metaphorical political jabs for literal ones in a boxing ring this weekend. But with young people staying away from voting in droves, Metro decided to ask them and the NDP's youngest leadership contender if they have any ideas about how to hold the public's attention and attract more youth to politics.

METRO OTTAWA

# Young politicians duke it out for youth engagement



Conservative Sen. Patrick Brazeau flexes his muscles outside Parliament in Ottawa. SEAN MCKIBBON/METRO

**Young Tory senator fights in ring, on Twitter.** There should be more young people in the Senate: Patrick Brazeau

Patrick Brazeau doesn't look like your archetypal senator — especially in his Twitter profile pic, showing off his generous, tattooed muscles.

Brazeau, 37, hails from Kitigan Zibi First Nation in Quebec, served in the Canadian Forces and was chief of the Congress of Aboriginal Peoples before he was the youngest Canadian ever named to the Senate in 2008.

Sober second thought doesn't necessarily improve with age, he said.

"Many people who've had long careers and are appointed to the Senate, obviously they have many things to

contribute, but equally important is to have young voices in the Senate," he said.

He'll be fighting for the Conservatives when he boxes Justin Trudeau at an Ottawa Regional Cancer Foundation fundraiser on Saturday — something his older colleagues in the Senate aren't as able to do.

He often takes ideological fights with "leftists" to Twitter, engaging in flame wars with citizens, politicians and journalists.

"I'm certainly not a rebel, but I'm certainly not afraid of answering back in a factual manner as much as I can," he said.

Brazeau said he also uses social media to encourage young people — especially aboriginal youth — to get involved in politics.

"It's doubly hard to engage aboriginal youth," he said. "Aboriginal youth

## Credibility

"I would hope that any youth would listen to any politician who would have a good and positive message, but I think that the fact that I am a little bit younger than most of my colleagues, it lends a little bit of credibility."

Patrick Brazeau  
On engaging youth

feel as though they are selling out to mainstream Canada and they may feel assimilated.

"I think it's the exact opposite effect. The more people who become engaged, it can only mean a better life for them."

JESSICA SMITH/METRO

**Young Liberal MP fights to be more than a younger version of his dad.** Developing own expertise, own sense of identity is important whatever field you go into: Justin Trudeau

Justin Trudeau certainly isn't the youngest MP kicking around the House of Commons these days. But no matter what his age, he will always be perceived as a younger version of his dad.

Except that's the comparison Trudeau is trying to distance himself from, looking to make his own mark in his third year as Liberal MP for Papineau.

"I bring my own aspects to politics on my own merits and I think that's very, very important for any young person going into any field — that they be able to develop their own expertise, their own sense of identity," said Trudeau, 40.

So what makes him stand out from his slightly older peers on Parliament Hill?

For one, he said voting isn't "cool" and doesn't want to make it appear cool either.

"You don't make voting cool, that's where everyone has failed," he said. "What you have to do is make voting important to young people. Make them understand that their voices matter."

Trudeau — who has more than 120,000 Twitter followers — said he can

## Mobilization

**"If youth voted to 80 per cent turnout the way seniors vote to 80 per cent turnout, we'd never have another conversation about tuition fees in Parliament ever."**

Justin Trudeau  
On the youth vote

do that by engaging youth through social media.

A Twitter campaign is just the start, though. He said he wants to mobilize youth in the streets to get them more interested in politics.

JOE LOFARO/METRO



Justin Trudeau outside Parliament in Ottawa. SEAN MCKIBBON/METRO



Niki Ashton. CONTRIBUTED

**Young NDP MP made a bid for party leadership.** Being at the forefront encourages others to get involved: Niki Ashton

Niki Ashton isn't part of any literal boxing matches, but she stepped up as a contender in her party's biggest title bout — the race to replace Jack Layton.

Ashton sometimes — but not always — got more attention for her youth than her ideas in her NDP leadership bid.

"Some people looked at my age and thought it was a plus, and some people looked beyond my age," said the 29-year-old MP for Churchill, adding she's happy

to be a standard-bearer for young Canadians.

"We've been told that we're the generation that may live less well-off than our parents, and I find that statement unacceptable," Ashton said. "I mean, we've got tremendous wealth, tremendous opportunity in our country and there's no reason we should be less well-off."

Ashton acknowledged young people are less likely to vote, but they're easier to reach through social media and issue-based campaigns. Seeing more people their age in politics, she said, also helps.

"More young people get involved when they see young people at the forefront and speaking out on the issues that matter," she said. "Our party, I'm proud to

## Visibility

**"Jack Layton inspired many people, many young people particularly, to come out and be part of the process, and that's something that I very much want to continue."**

Niki Ashton  
On engaging youth

say, is one where if you turn on the TV and watch Parliament, we actually look like Canada. The same cannot be said for other parties that have very little representation from young people or women or the diversity of Canada." STEVE COLLINS/FOR METRO

Be sure to go to [metronews.ca](http://metronews.ca) for coverage of the Trudeau-Brazeau boxing match happening at the Hampton Inn in Ottawa at 8:30 p.m. Metro columnist Steve Collins will also be live tweeting the fight @metrottawa.



# Meet some of Canada's youngest MPs



SEAN MCKIBBON/METRO

#1



Pierre-Luc Dusseault

NDP—Sherbrooke

Age 20

#2



Charmaine Borg

NDP—Terrebonne-Blainville

Age 21

#3



Mylène Freeman

NDP—Argenteuil-Papineau-Mirabel

Age 22

#4



Michelle Rempel

Con.—Calgary Centre-North

Age 31

#5



Pierre Poilievre

Con.—Nepean-Carleton

Age 32

#6



Andrew Scheer

Con.—Regina-Qu'Appelle

Age 32

#7



Scott Andrews

Lib.—Avalon

Age 37

#8



Jean-François Fortin

BQ.—Haute-Gaspésie-La Mitis-Matane-Matapédia

Age 38

#9



Justin Trudeau

Lib.—Papineau

Age 40

#10



Scott Simms

Lib.—Bonaville-Gander-Grand Falls-Windsor

Age 42

## Everything old was once young too —including Parliament's Rat Pack

Old politicians were young once, too, and it's perhaps no surprise that many older prominent politicians in office (and some out of office) were once also hailed as the new young bucks of their day.

Following the Liberal party's defeat in the 1984 election to Brian Mulroney, a group of young and then relatively unknown Liberals gained prominence and was dubbed the Rat Pack. The group included Don Boudria, Sheila Copps, Brian Tobin and John Nunziata.



The Liberal party's Rat Pack, from left, Brian Tobin, Don Boudria, Sheila Copps and John Nunziata joke with then-Opposition leader John Turner, centre, after giving him a Rat Pack T-shirt in his Parliament Hill office in 1985.

RON POLING/THE CANADIAN PRESS

In the late 1990s a group of Reform-party politicians, Jason Kenney, Rahim Jaffer and Rob Anders, followed in the Rat Pack's footsteps and were dubbed the Snack Pack because of their youth and penchant for eating junk food while talking policy. **METRO**

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### Questions

## Take our MP quiz

### Test your MP smarts:

- With 17 MPs under the age of 30 and an average age of 47.12, the NDP is collectively the youngest party in the House of Commons. Which is the oldest?
- Pierre-Luc Dusseault (NDP-Sherbrooke) is not only the young-

est MP in parliament, but the youngest ever elected in Canada. Who represented his riding on the day he was born?

- Who is the youngest MP on the Conservative benches?
- Who's the youngest Liberal?
- Who is the oldest MP in the House of Commons?
- The average age of the House dropped even further in February when this 37-year-old

MP brought her infant son, Skander-Jack, into the Chamber. Who was she?

- Speaker of the House Andrew Scheer is the youngest ever elected to the office. What is his official job description?
- Who is the youngest party leader in the House of Commons?
- Who is the youngest person ever appointed to the Senate?
- Youngest minister in the Harper cabinet?

- Unless you count the one-member Green party (leader Elizabeth May is 57), the Liberals are the oldest party, with an average age of 54.56 years. The Conservative caucus averages 51.91 years.
- On May 31, 1991, Quebec Premier Jean Charest.
- Charlotte Rempel (Calgary Centre-North) is the youngest Conservative MP at 31.
- Scott Andrews (Avalon, Newfoundland and Labrador) is 37.
- Conservative Ray Boughen (Palliser) is the House of Commons' most senior member at age 74.
- Sana Hasasnia (NDP-Vercheres-Les Patriotes). She named Skander-Jack in honour of NDP leader Jack Layton.
- "Chair Occupant"
- Prime Minister Stephen Harper, 52.
- Heritage Minister James Moore, 35.
- Liberal-Conservative William Miller was 32 when he went to the Red Chamber in 1867. He stayed until his death in 1912 at the age of 77.

MP quiz answers

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## U.S., Canada poised to OK Omar Khadr transfer

A "frustrated" Omar Khadr could be back in Canada by the end of May, with both Ottawa and Washington poised to approve his transfer from Guantanamo Bay, where the convicted war criminal has been held for almost a decade, the Canadian Press has learned.

A source familiar with the file said U.S. Secretary of Defence Leon Panetta was expected to sign off on the transfer within a week.

"It's on his desk, it's ready," the source said Wednesday. "The U.S. has no concerns about (Khadr)."

Khadr has been caught up in a bureaucratic catch-22 since becoming eligible to leave the U.S. prison in Cuba last October under terms of a plea agreement struck a year earlier.

The Toronto-born Khadr, 25, pleaded guilty before a much-maligned U.S. military commission to five war crimes he committed as a 15-year-old in Afghanistan in July 2002.

In exchange, the Canadian citizen was given an eight-year sentence, with one year to be served in Guantanamo Bay and the remainder in Canada.

Prime Minister Stephen Harper's government has been in no hurry to approve the transfer request, which Khadr's lawyers submitted to both governments a year ago.

Instead, the source said, Ottawa has been scrutinizing the application far more closely than required.

THE CANADIAN PRESS



Canada's chief public health officer, Dr. David Butler-Jones, left, speaks to B.C. provincial health officer Dr. Perry Kendall in 2009. Kendall is calling for a new approach to federal drug policy. DARRYL DYCK/THE CANADIAN PRESS

# Health officers slam drug policy

**Criticism.** Senior municipal, provincial experts denounce federal strategy, call for an evidence-based approach

A number of leading figures in Canadian public health are criticizing the federal government's approach to drug policy, suggesting political ideology is trumping scientific evidence.

In a two-pronged attack, the chief medical officers of health for British Columbia, Saskatchewan and Nova Scotia published a commentary

in the journal *Open Medicine* that calls on the government to rethink strategies like minimum mandatory sentences for minor drug offences.

And the Urban Public Health Network, a group that represents the chief public health officers in Canada's 18 largest municipalities, has announced its endorsement of the Vienna Declaration, which calls on governments to draft drug policies based on evidence of what works.

"Basically what we're saying is that we don't think that the model we're using is particularly effective," said Dr. Perry Kendall, British Columbia's chief medical officer of health.

THE CANADIAN PRESS

### Salient points:

- Call for a drug-policy approach that deals with addiction as a health problem, not a criminal-justice issue.
- There is no evidence that harm-reduction policies such as needle exchanges lead to increased drug use, the chief medical officers write.
- They point to Portugal as an example of a country that decriminalized drugs a decade ago but hasn't seen a harm increase.

## Million-dollar baby. Oz couple charged large for birth of child in B.C.

Australia's foreign affairs minister is looking into the case of a Sydney couple stuck with a million-dollar hospital bill after their daughter was born in Vancouver last August.

John Kan and Rachel Evans had taken out travel insurance and extra coverage for Evans's pregnancy without realizing the policy would not cover the birth or the baby.

They were about to return to Australia after their B.C. vacation when Evans went into premature labour at the airport.

Piper Kan stayed in the

### By the numbers:

278

The number of years it will take the two to pay off the bill, in a negotiated plan with the hospital where they pay \$300 a month.

neonatal ward of the B.C. Women's Hospital and Health Centre for three months and the bill ended up being about \$1 million.

Evans said she is grateful for any help the government might be able to provide.

THE CANADIAN PRESS

## Halifax. Court to decide on bail for officer accused of espionage

A Nova Scotia judge will decide Friday whether to grant bail to a navy intelligence officer accused of espionage.

Sub-Lt. Jeffrey Paul Delisle appeared in Halifax provincial court on Wednesday, charged with communicating information that could harm national interests. He has been in custody at the Central Nova Scotia Correctional Facility since his arrest in January.

Judge Barbara Beach granted the defence's request for a publication ban covering evidence presented at Delisle's bail hear-



Sub-Lt. Jeffrey Paul Delisle.

ANDREW VAUGHAN/THE CANADIAN PRESS

ing, who was charged under a section of the Security of Information Act that was passed after the 9-11 attacks.

THE CANADIAN PRESS





Police investigate the scene after a crash in northern Ontario on Wednesday. Millions of dollars in coins and a shipment of candy were scattered across the highway following the crash of a Brinks tractor-trailer that seriously injured two people. HANDOUT/ONTARIO PROVINCIAL POLICE/ THE CANADIAN PRESS

# Crash leaves two seriously injured

**Accident.** Brinks tractor-trailer collides with rock face in northern Ontario, spilling millions of loonies and toonies

Millions of dollars in coins and a shipment of candy were scattered across an Ontario highway Wednesday following the crash of a Brinks tractor-trailer that seriously injured two people.

Both of the men who were in the Brinks truck were taken to hospital with life-threaten-

ing injuries, police said.

The crash happened around 4 a.m. on Highway 11, north of Kirkland Lake in northeastern Ontario, when the truck crossed the centre line and collided with a rock face, said Ontario Provincial Police Const. Marc Depatie.

The crash also caused a number of chain-reaction collisions, but the injuries were minor, he said.

One of the trucks involved in the resulting crashes was carrying candy, he said.

That candy, along with \$3 million to \$5 million worth of loonies and toonies, were strewn on the road and in the surrounding bush.

"There is a quantity of candy but it's not nearly as sizable as the debris field created by the loonies and toonies that are on the highway," Depatie said.

The highway was closed by police, who essentially stood guard until the money could be removed.

"A private contractor will be using magnets and other mechanisms to recover the dispersed load," but clearing up the wreckage remains the top priority, Depatie said.

Police said the road would likely remain off-limits until Wednesday evening while investigators look into what caused the crash.

THE CANADIAN PRESS

# Canada Post worker accuses Raitt of bullying

The recent tensions between Air Canada workers and Lisa Raitt reminded Jim Gallant of the time he gave the federal labour minister a piece of his mind in public.

The veteran Canada Post worker said he had a pair of RCMP officers knocking on his office door — a response he equated to the sudden suspensions that triggered last week's early-morning wildcat strike at Canada's largest airline.

On Friday, three Air Canada workers were suspended for heckling Raitt at Toronto's Pearson Airport. Those suspensions triggered the strike by fellow workers angered by the Conservative government



Minister of Labour Lisa Raitt in Ottawa on March 12.

SEAN KILPATRICK/THE CANADIAN PRESS

bringing in back-to-work legislation and sending their contract dispute with the airline to arbitration.

Gallant, a regional griev-

ance officer with the Canadian Union of Postal Workers with 23 years at Canada Post, was in Toronto attending a hockey game at the Air Canada Centre last October when he said he accused Raitt to her face of lying to the Senate and the House of Commons when explaining why postal employees had to be ordered back to work.

"She walked very quickly away from me ... but I did get a little louder so she could hear me," he said.

Officials routinely report unusual incidents that take place on off-hours, said security consultant Chris Mathers, a former RCMP officer himself.

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In this citizen-journalism image, black smoke rises from buildings in Homs, Syria. Three Syrian soldiers died in clashes with rebels on Wednesday just a day after President Bashar Assad said he has accepted a UN plan to resolve the country's crisis. THE ASSOCIATED PRESS/LOCAL COORDINATION COMMITTEES IN SYRIA

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# Syrian forces take latest rebel-held town

**Saraqeb.** Forty killed by government forces since Sunday, activists say

Syrian activists said Wednesday a government offensive in northern Syria during which troops overran a major opposition stronghold has left behind scenes of destruction, with corpses in the streets, homes burned to the ground and shops that have been pillaged and looted.

The reports of 40 people dead in Saraqeb since Sunday come as Arab leaders meeting in Baghdad remain deeply divided over how to help solve Syria's yearlong crisis.

President Bashar Assad said he has accepted a six-point UN plan to resolve the conflict, including a ceasefire, but the opposition is deeply skeptical that he will carry it out.

The fall of Saraqeb, a large town on the main highway linking the northern city of Aleppo with the Syrian cap-

ital, was the latest in a string of opposition strongholds to fall to ruthless assaults by the better-equipped Syrian military.

Most of those strongholds and areas around them have since seen renewed flare-ups in violence, reflecting the resiliency of the uprising and the military's inability to firmly put down the revolt.

Activists on Wednesday also reported clashes between Syrian army units and rebels in the country's centre, east and south.

At least four civilians, four soldiers and five army defectors were killed in the central town of Qalaat al-Madiq and nearby villages, activists said, as troops advanced and closed in on rebels. The town, in Hama province, has been battered by heavy machine-guns and artillery for days. Activists said the town's historic castle was not spared the shelling.

"People are fleeing their homes, many of them unsure which direction to take," said an activist in the area who identified himself as Ammar.

THE ASSOCIATED PRESS

**Aid**

## Urgent appeal

The Local Coordination Committees network issued an appeal for international humanitarian organizations to urgently visit the town and said there were many unidentified corpses and wounded people there.

"Regime forces have forcibly displaced a large number of activists' families, and burned and shelled approximately 300 homes. They also pillaged and set fire to most shops," the LCC said in a statement.

The British-based Syrian Observatory for Human Rights confirmed the reports and said most of the town's residents had fled along with the rebels. It said more than 40 people had been killed during the fighting over recent days.

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## Manufacturing. Toyota to invest \$80 million in Woodstock, Ont. plant

Toyota's Canadian manufacturing arm announced Wednesday it will invest \$80 million to increase production at its Woodstock, Ont. assembly plant, a move it says will create some 400 new jobs.

Toyota Canada said it will ramp up production of its RAV4 crossover vehicles to 200,000 vehicles at the plant by early 2013, an increase from the current annual capacity of 150,000 vehicles.

The Woodstock facility currently employs about 2,000

workers.

Toyota has faced production problems due to last year's earthquake and tsunami in Japan and massive flooding in Thailand that cut parts supplies and slowed down their global output, even in Canada.

But sales have begun to spring back recently, with Toyota Canada reporting sales rose 31 per cent year-over-year in February with 12,384 Toyota, Lexus and Scion vehicles sold.

THE CANADIAN PRESS

# Bureaucracy to bear brunt of cuts: Flaherty



Finance Minister Jim Flaherty tries on a pair of new shoes Wednesday in Ottawa ahead of his budget delivery Thursday. FRED CHARTRAND/THE CANADIAN PRESS

### Federal budget.

Conservative sources say spending cutbacks likely to total \$7 billion in annual savings by the 2014-15 fiscal year

Sources and officials agree Flaherty's seventh budget — and first with a parliamentary majority to back it — will be his longest and most far-reaching, laying the foundations for a business-friendly Canada with smaller government and curtailed social entitlements.

The finance minister said much of the burden of cuts will fall primarily on the

public service — which will shed tens of thousands of jobs — insisting services to Canadians will be mostly left untouched.

The budget will also seek to curtail long-term spending by slowing the growth of entitlements such as elderly benefits under Old Age Security, building on December's decision to limit future health-care transfers to the growth in the economy.

Reports suggest Flaherty also intends to give notice to the public-service unions they must pay more for their indexed pension plans.

And the CBC will likely see its wings clipped, by anywhere from five to 10 per cent of the annual \$1-billion funding. THE CANADIAN PRESS

### Budget crunch

### MPs trim own spending by \$30M

The House of Commons announced its own belt-tightening plan on the eve

of the federal budget. The secretive board of internal economy, an all-party committee that oversees MP budgets and the operation of their offices, says spending will decrease by 6.9 per cent — or \$30.3 million — over the next three years. THE CANADIAN PRESS

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# Homeowners sweating over rates: Study

**BMO survey.** 57 per cent of respondents believe they could still afford their homes if interest rates were to spike by two per cent

Four in 10 Canadians would be unsure about whether they could afford their homes if their mortgage rate went up by as

little as two percentage points, according to a new study from the Bank of Montreal.

The survey, compiled for BMO by Leger Marketing, found 43 per cent believe a increase from three per cent to five per cent would either hamper their ability to pay or leave them on unsure footing.

The survey was conducted Feb. 21 to 23, two weeks before BMO sparked a round of special rate reductions among Canadian banks.

The survey's results were announced a day before the five-year special rate ended on Wednesday.

BMO's special dropped the five-year rate by half a percentage point to 2.99 per cent from 3.49 per cent and other banks followed. Since then, Royal, TD and National banks have announced their five-year posted rates will go up on Thursday to 5.44 per cent — an increase of nearly 2.5 percentage points from the sale price.

"At first when you look at this, you think, 'Oh, my goodness, that's pretty scary,'" said Laura Parsons, a mortgage expert at BMO. "But if we get clients in to take a good hard look at how they're spending their money, I think they'd find that extra two per cent in their budget — it would just mean they'd have to cut back on certain things."

One in five Canadians surveyed said a two-percentage-point rise would hurt their

ability to make mortgage payments, while 23 per cent said they were unsure whether a rise would affect them.

The study, which surveyed some 1,500 Canadians in February, has a 2.5 per cent margin of error 19 times out of 20.

The survey findings come as some of Canada's biggest banks begin raising variable mortgage rates, even though the Bank of Canada's overnight interest rate remains unchanged.

THE CANADIAN PRESS

## Household debt

- Both Finance Minister Jim Flaherty and Bank of Canada Governor Mark Carney have recently flagged the danger to the economy of Canadians becoming increasingly indebted, mostly through taking advantage of low rates to buy homes or take out home-equity loans.



## Weather may sap syrup producers' profits

Some of Canada's maple-syrup producers say they're expecting a financial hit as recent warm weather cut the season short this year, but the price that consumers pay for the sweet stuff should remain stable.

"We don't want consumers to think it's absolutely not out there anymore, but there's less," said Ray Bonenberg, president of the Ontario Maple Syrup Producers Association.

It shouldn't affect the price, Bonenberg said, adding there was a small increase in the price of maple syrup last year and the price is set every couple of years.

"A lot of the product is already sold and you charge the price that you would normally

expect to charge," Bonenberg said from his farm near Pembroke, Ont.

"Most producers are not about capitalizing on a shortage and shoving a lot of that on the consumer."

Ontario's maple syrup producers are producing anywhere from 20 per cent to 50 per cent or so of what they normally make, he said. Ontario produced about two million litres of maple syrup last year.

Along with Ontario, the provinces of Quebec, New Brunswick and Nova Scotia are Canada's major producers and they all had an early start, and in some cases, an early end to the season due the recent unseasonable temperatures. THE CANADIAN PRESS



Emile Picard samples some fresh maple syrup at the Au Pieds de Cochon sugar shack in St-Benoît-de-Mirabel, Que. RYAN REMIÖRZ/THE CANADIAN PRESS

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# REACH DEEPER INTO YOUR POCKETS, MR. FLAHERTY



**HE SAYS...**  
John Mazerolle  
metronews.ca/hesays

I'm concerned about the federal budget, which is fortunate because the more concerned I am about something the easier it is to reach my word count.

As I write this, journalists are using all their skills (begging and whining) to get "government sources" to tell them budget details before today's official announcement. But I know how it will go:

1) Finance Minister Jim Flaherty will explain that the budget is a fiscally conservative plan (except for the prisons and jets part) and that it will create jobs (except for the jobs-cuts part), and that it shows that Canadians have a bright future (except that we're one step away from DOOM and only the Conservatives can protect us).

2) The opposition leaders will, using talking points they wrote three weeks ago, explain that Flaherty has the same moral standing as, say, Satan, and that the budget document is the worst thing they've read since Twilight.

3) The opposition will vote for it anyway.

I don't know about you, but this era of deep cuts is starting to get me down.

There's the world economic collapse, where countries like Greece decide they can't have nice things anymore and burn them.

There's provincial woes, where places like Ontario have budget speeches that read like eulogies.

And in Toronto, where I live, the only thing approaching economic good news is when sports fans win free pizza because the Raptors score 100 points. (Rumour has it the Leafs have a similar promotion, but it's been lost to the mists of time).

It's getting to the point where we should really give up on the tradition of finance ministers buying new shoes on budget day. Instead, he or she should pose for newspapers with a nice, shiny axe.

I'm trying to take a pragmatic, level-headed approach to the cuts, which is why I offer the following advice to Mr. Flaherty. Forgive me if this is trite, but I think the government should — this is important, write it down — wear a lot of jackets.

I'll explain. I, like Canada itself, am in debt up to my earmuffs. But I just made some money back, as I do every spring, because I pulled out a spring jacket and discovered a crisp \$5 bill. Pretty sweet.

Clearly, all MPs should carry the federal coffers in their jacket pockets. Then wait till next spring and reap the surprise windfall.

This works so well for me that I'm thinking about getting more jackets to increase my return. I'm pretty sure Ben Bernanke does this as well.

Frankly, Mr. Flaherty, I see this as our only hope. If you don't agree, I'll be deeply concerned. At least until I hit my word count.

Now.



RENE JOHNSTON/TORSTAR NEWS SERVICE FILE

## What goes up...

GEOFFREY ROBINSON/REX FEATURES



### Off course

## Teen pilot flies balloon into pylon

**NORTHAMPTONSHIRE, U.K.** Three people were saved by rescue crews after a hot-air balloon dramatically crashed into 132,000-volt power cables. Freakish winds sent teen pilot Adam Griffiths and his two companions toward overhead lines near the village of Bozeat, some 100 kilometres north-west of London. **MWN**

### Hanging on a wire

"There was a bang and a little bit of a fire in the basket, but it put itself out as I went to grab the extinguisher. We slid down the power line and came to a standstill."

**PILOT ADAM GRIFFITHS**  
WHO SUFFERED MINOR BURNS

### Hot-air boom

- **In numbers:** The trio were dangling from the overhead lines 13 metres above the ground for five hours, while emergency teams worked to switch off power lines.
- **How they passed the time:** The stranded balloonists played I Spy as they waited to be rescued. "But after we had 'g' for 'grass' and 'p' for 'pylon' we didn't have many more ideas," Griffiths said.



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**@rohadi:** ● ● ● ● ●  
've hit that point in life when I look at young 20 somethings as peers then realize they're whipper snappers w/ music on 2 loud #yyc



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## 2

## SCENE

Scene in brief

Bee Gees  
star in  
hospital  
after surgery

Bee Gees star Robin Gibb has undergone further surgery following a sustained illness, a publicist said Wednesday. Gibb is recovering in the hospital after intestinal surgery over the weekend and has been forced to cancel a number of commitments, publicist Doug Wright said. Gibb is slated to attend the Royal Philharmonic's premiere performance of *The Titanic Requiem* in London on April 10, and will perform a new song, *Don't Cry Alone*. Gibb, 62, was hospitalized late last year for stomach and colon problems, but told the BBC last month he was making a good recovery. He did not disclose the nature of his illness, but said a growth on his colon had been removed.

THE ASSOCIATED PRESS

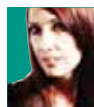
On the web



Canadian DJ Deadmau5, Madonna declare a truce on Twitter

# No horseplay: Telling the true story of survival

**TV movie.** Horses of McBride aims to create realistic retelling of rescue



**BACKSTAGE PASS**  
Lisa Wilton  
calgary@metronews.ca

Gail Kennedy has worked with some of Hollywood's leading actors during her 32-year career as a film and television makeup artist.

She's also dealt with her fair share of equine A-listers on such movies as *The Jack Bull*, *The Assassination of Jesse James* by the Coward Robert Ford and *Passchendaele*.

So which talent is easier to work with?

Kennedy looks up at the ceiling and thinks for a moment.

"Well, the horses don't talk back," she replies with a smile.

Kennedy invited Metro into her trailer on the set of CTV's upcoming Christmas movie, *Horses of McBride*, to demonstrate some of the work that goes into creating realistic horse makeup effects.

The countertop is cluttered with brushes, bottles, powders and spray cans as well as an example of a fake ice-covered hoof, which she made from a bell boot, clear silicone, Epsom salts and fibrefill.

Horses of McBride tells the true story of a small British Columbia town that banded together in 2008 to save two packhorses stranded in the Rockies.

The horses were starving, frostbitten and had been attacked by predators when they were found, so Kennedy and her team had the difficult task



Emmy nominated actor Aidan Quinn, left, and Alberta actor Mackenzie Porter star in CTV's upcoming TV movie, *Horses of McBride*, which recently wrapped shooting near Calgary. CONTRIBUTED

## Facts

- Horses of McBride is directed by Anne Wheeler and stars two-time Emmy nominee Aidan Quinn and rising Canadian actor Mackenzie Porter. It recently wrapped shooting

on a ranch near Turner Valley.

- With the support of the SPCA and under the guidance of veteran Alberta horse wrangler John Scott, producers used

two rescue horses to 'play' the pair of packhorses stranded in the Rocky Mountains.

- The Horses of McBride will air in December on CTV.

of recreating serious wounds on the rescue horses used in the film.

"For the tails, we had make them look like they had been chewed and they were frostbit-

ten," she says. "I made these covers out of Urethane that slipped on like a sock and

punched some hair into them here and there. I had sculpted some chunks out of it to make it look like it had been bitten and put some fake blood on it."

Kennedy even put white mascara on the horses' eyelashes and guard hairs and wove fake icicles into their manes for a more realistic look.

"There's no pain for the horses, and we're not doing anything to the horses that is contrary," she explains.

**"Many authors know how to make the hairs on the back of your neck stand up. Jo Nesbo's one of the few who keeps them there."**

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# From fetching java to just plain fetching

## Alyssa Reid.

Singer talks about juggling a regular teen life with the life of a Juno performer

Between getting bruised on the rugby field, pouring java at Tim Hortons, finishing high school and touring Canada, Ontario-based singer-songwriter Alyssa Reid realized something had to give.

"I was kind of trying to have the teenage girl life and the teenage pop star life and they kind of don't mix very well, especially when you're joining sports teams and then going on tour two weeks later covered in bruises," the 19-year-old said.

"I went on a tour called the SodaPOP tour and I could not wear a dress the entire tour because I was covered head to toe in bruises. It was not a good scene and I do not play rugby anymore."

Nor does she work at Tim Hortons anymore, a job she held down for a year and a half while she toured with the likes of pop/dance artist Danny Fernandes and R&B/hip-hopper JRDN.

"I did everything there," said Reid, who lives in Brampton, Ont., and will tour the U.K. next month. "I worked the cash register, I was a trainer, I baked."

The high-school graduate can now focus on her soaring music career, which has seen her get a 2012 Juno nomination for new artist of the year. Other nominees include JRDN, Dan Mangan, Diamond Rings, and Lindi Ortega.

Reid will also perform her hit pop/hip-hop single, *Alone Again*, at the Ottawa bash on Sunday in what she calls a "live mash-up" between five pop acts.

The tune, a new interpretation of the 1987 Heart hit *Alone*, features P. Reign and is on Reid's upcoming album *The Game*, due out on June 21.

"I did not think when we released *Alone Again* that it was going to have the reaction it did," said Reid, who got a 2011 MuchMusic Video Award nomination for best pop video for the tune.

"So to get to be travelling the world and going to the Junos and performing at the Junos is a pretty overwhelming thing."

THE CANADIAN PRESS

## Quoted

"I was kind of trying to have the teenage girl life and the teenage pop star life and they kind of don't mix very well." Singer-songwriter Alyssa Reid

## Alyssa Reid

Performs at the Juno Awards this Sunday.

## Celebrity style. June Ambrose loves giving stars their sparkle

Stylist June Ambrose helped remake the image of Luther Vandross and Mariah Carey as they were preparing major comebacks, but there's one icon she didn't get to remake — Whitney Houston.

Working with Houston wasn't a pipe dream for Ambrose. With the singer readying a return to the spotlight with the upcom-

ing movie, *Sparkle*, and new music, it was a real possibility. But she died Feb. 11 on the eve of the Grammys at 48 of an accidental drowning, with heart disease and cocaine use as contributing factors.

"There were talks about it," Ambrose said. "I really wanted to do Whitney Houston's comeback. ... I just felt like Whitney and I ... would have been great together."

On her new VH1 show, *Styled by June*, the Antigua native helps struggling celebrities look their best, including actress and one-time fashionista Mischa Barton, female rappers Trina and Da Brat, and reality TV star and singer Aubrey O'Day. The show airs on Mondays (9:30 p.m. EDT).

## Who else would you like to style?

I like broken starlets. I love to fix things. ... I would love to get like a Courtney Love. Lindsay Lohan I'd be brilliant with.

## What's it like getting celebrities to trust you when taking them out of their comfort zone?

Celebrities naturally are quite defensive by nature. They have to protect themselves, they're constantly being photographed and judged, and social media controls so much of how they feel about themselves. You know, they're reading the blogs, the tabloids, and it starts to kind of eat away at their spirit and their confidence. ... I have to strip them down and build them back up, and the reason why I have to strip them down is I need them to see themselves, not the person they want to be, but the person that they are. Face that person, accept that person and then we deal with the alter ego.

THE ASSOCIATED PRESS



Alyssa Reid will perform her hit single *Alone Again* at the Juno awards this weekend. HANDOUT/JEREMY CHAN



June Ambrose says she loves fixing things. CARLO ALLEGRI/THE ASSOCIATED PRESS



# Not a 'sweetie-darling-honey-baby book'

**Reading.** Frank Langella dishes about ex-lovers, villains and the famous in his memoir

**Quote**

**"I was religious about making certain that I often showed the worst of my nature."**

Frank Langella

The phone at Frank Langella's home rings and rings, unanswered. The very private three-time Tony Award winner apparently is not willing to answer questions about his debut book.

Oh, wait: It turns out he has inadvertently given out the number for his fax machine.

"We'll talk to Dr. Freud about that sometime," he jokes when the right number is called and he gets on the line.

It turns out that Langella, fresh off the Broadway revival of Terence Rattigan's *Man and Boy*, would very much like to talk about his literary debut, the memoir *Dropped Names: Famous Men and Women as I Knew Them*, which went on sale this week.

The book is a collection of 66 impressionistic sketches of movie stars, social celebrities, Broadway icons, politicians and writers, including John F. Kennedy, George C. Scott, Tip O'Neill, Bette Davis, Jill Clayburgh and Charlton Heston. All but one are dead.

There are stories of dating Elizabeth Taylor, streaking in front of Sir Laurence Olivier, playing *Scrabble* with Paul Mellon and being wooed by both Noel Coward and Roddy McDowall (neither attempt

succeeded, he writes). He and Marilyn Monroe shared just one word, but it changed his life.

Langella plumbs his long career, which has put him in arm's reach of many famous people. He's gone from a sexy *Dracula*, *Cyrano* and *Sherlock Holmes* to a mature Richard Nixon in *Frost/Nixon* onstage and on-screen, Sir Thomas More in *A Man for All Seasons* and Perry White in *Superman Returns*.

Not all the celebrities come off well, including Richard Burton ("Could anyone, I wondered, be so unaware of what a crashing bore he had become?"), Anthony Quinn ("a big bully") and Paul Newman ("emotionally vacant").

Langella also doesn't spare himself. He acknowledges being a terrible boor around Deborah Kerr and Dinah Shore, did something "unforgivable" to Jackie Kennedy and is wistful about being a lover to a faded Rita Hayworth, saying she was "the single most tragic example of how far from the real person an image can be." He calls *Cutthroat Island* one of his worst films, "the single most egregious example of excess I have ever witnessed in the movie world."

"I really felt very strongly

that I wasn't going to write a sweetie-darling-honey-baby book," he says. "Most celebrities' biographies I read I can't get through — they're either immensely self-raising or absolutely whitewashing."

Langella says he sought out permission from relatives and intimate friends of his subjects before publishing.

"I've chosen to write my

memories — as I recall them — as honestly as I could," he says. "None of it was meant to be coy or a tease."

One of the most touching chapters — and one of Langella's favourites — is about Cameron Mitchell, a one-time leading man who by the mid-1970s had turned into a "fat, jowly mess, covering his sad decline with an over-the-top wisecracking de-

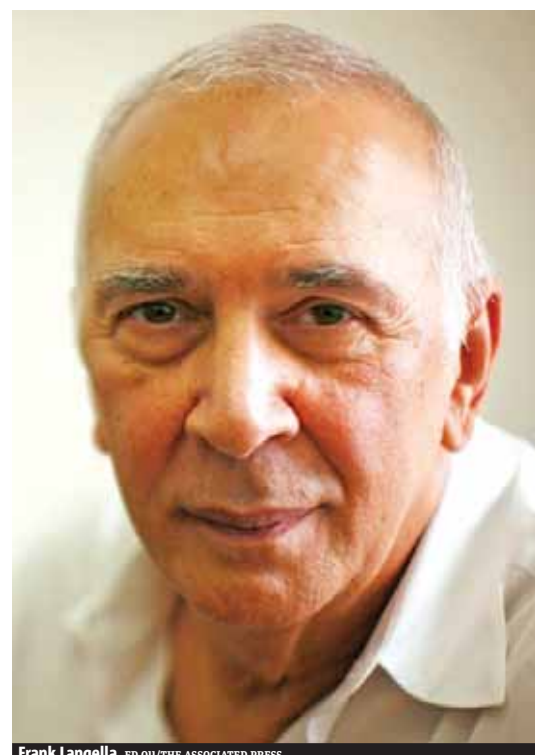
meanour."

In one story, Langella writes that fellow actors teased Mitchell by spinning him around in a too-small jacket.

"I've never forgotten the look in his eyes. I've never forgotten the sad, broken terror when everyone around him was just laughing their heads off, thinking how funny it was," Langella says.

"That's around the corner for everybody if we don't watch out. I suppose that chapter means a lot to me because of the ephemerality of life and also the ephemerality of my profession."

Langella says there are so many people who didn't make the cut in the book that he's already considering a second volume of *Dropped Names*. **THE ASSOCIATED PRESS**



Frank Langella ED OU/THE ASSOCIATED PRESS

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# Showing some love to La Belle Ville



Anthony Bourdain PETER KRAMER/THE ASSOCIATED PRESS

## TV. Celebrity chef Anthony Bourdain loves Montreal's 'uniquely crazy' food

When celebrity chef Anthony Bourdain was compiling his list of international cities to feature on the TV show *The Layover*, Montreal was a no-brainer for inclusion.

That's because the city's cuisine is "uniquely crazy, uniquely individualistic and rugged and excessive and wonderful," according to the New York City native.

"It says Canada to me," he added during a recent telephone interview.

The premise behind the *The Layover* was simple but highly challenging: Bourdain spent between 24 and 48 hours in each of 10 cities and packed in as much hard living as the liver and the rest of his body could take.

Viewers are taken off the beaten track as Bourdain, who has also written several books and stars in Anthony Bourdain: No Reservations, shows them where to visit and where to stay around the globe.

The Montreal episode also includes debate on whether its bagels are better than New York's, as well as adventures involving dragon boats and surfing on the St. Lawrence River.

"We were looking to do

something fast and different, and a little scary, something that challenged and pushed us," says the 55-year-old.

But was it fun? "Most of the time," is his immediate reply.

"It was difficult. Essentially, it's eight days of serious eating and drinking compressed into two (for the purposes of) the show."

"That's tough. It was very physically demanding and a little intimidating, a little frightening to embark on a bold new venture like that, especially when you're eating and drinking as much as I was."

The series has aired in the United States and gets its Canadian debut on Travel + Escape on April 11. The Montreal episode is set for broadcast May 2.

Bourdain has fond memories of Montreal dating back to a book tour in 2001 when local chefs took him under their wing.

"I knew we could make a good show there and have a good time doing it. It's my favourite city in Canada."

"I love the chefs there," he says, ringing off the names of Martin Picard (Au Pied de Cochon) Normand Laprise (Toque) Frederic Morin and David McMillan (both Joe Beef) as some of the outstanding ones.

"It's the most uniquely Canadian food in Canada. In Vancouver the cuisine is a very strong mix of great

## The Layover

- The other cities where Bourdain lived large for the series were New York ("the greatest city in the world," he says unabashedly), Singapore, Hong Kong, Miami, London, Rome, Amsterdam, Los Angeles and San Francisco.

Asian food from all over Asia, a lot of great home-grown stuff, but the cuisine in Montreal could exist nowhere else other than Quebec.

"It looks and tastes different from food anywhere else and the chefs, particularly when you're talking about Martin or Fred or Dave, are unlike chefs anywhere else."

Bourdain has plans to do another season of *The Layover* this summer and Canada's largest city will be getting in on the fare.

"Toronto will be on the list for sure," he says of a city he has visited several times but never featured on any of his shows.

Bourdain says that when he talks to journalists and chefs from elsewhere in Canada, he always hears trash talk about Toronto.

"I feel sort of an obligation to highlight that there is indeed good food there and good people, as I know from personal experience," he says. **THE CANADIAN PRESS**







Justin Bieber

## Bieber's phone prank lands him in hot water again

Justin Bieber's latest Twitter antics are causing him some legal trouble.

Bieber posted a random phone number — minus the final digit — and wrote: "Call me right now."

Two Texas residents reportedly received more than 1,000 phone calls and are now suing the Canadian pop

star for damages due to "reckless behaviour," according to Hollyscoop.

What kind of damages are we talking about? Millions? No.

They're reportedly after tickets to a Bieber concert, an apology and an endorsement of an on-line business run by one of the plaintiffs, among other things.

### Twitter



@ParisHilton

At the airport about to take off to Sydney! Haven't been to Australia in a long time, so I'm very excited for this trip! Love it there!



@jimmyfallon

I once was talked into getting a perm. (I was in college & it was free.)



@katperry

don't believe in the hype.



@SethMacFarlane

There's nothing more grungy-looking than a red-headed person in a '70s movie.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



She's a smooth operator. ALL PHOTOS GETTY IMAGES

## What is going on with Bethenny Frankel's marriage?



THE WORD  
Dorothy Robinson  
scene@metronews.ca

There are few reality TV stars who know how to game the system as well as Bethenny Frankel.

Her ambition is awe-inspiring: She's risen from a throwaway contestant on 2005's *The Apprentice*: Martha Stewart, to, despite not being married, one of the original five "housewives" on *The Real Housewives of New York City*.

From there, she wrote several New York Times bestselling books, starred in two spin-offs, *Bethenny Getting Married?* and *Bethenny Ever After*, and founded the company *Skinnygirl Cocktails*, which she sold last year for an alleged

\$120 million dollars.

But is she so driven that she's letting her marriage to husband Jason Hoppy suffer?

That's what *In Touch* is reporting. They say that Hoppy has moved out of their New York City apartment and is staying at a nearby hotel. They report that Hoppy is claiming he ditched the \$5 million Tribeca condo he shares with Frankel and their 23-month-old daughter, Bryn, because of renovations.

But a source thinks he also left because he's fed up with Bethenny's diva behaviour.

"The fighting has gotten worse," the source tells *In Touch*.

Apparently, Frankel has become overly obsessed with the launch of her L.A.-based talk show.

"Her energy has been nervous and neurotic," the source says. "He can't take it anymore, so he's been doing everything on his own."

Or, this drama could just be fabricated in order for fans to train their attention back on Frankel in time for her talk show, set to launch in September.

She's witchy that way.



Lindsay Lohan

## Lindsay Lohan facing another legal battle

With her probation set to end today, Lindsay Lohan is bracing for another legal battle heats up.

Thaer Kamal has reportedly handed over surveillance footage he claims shows the actress hitting him with her car and then driving away outside a Hollywood hookah lounge, according to Radar Online. And Kamal's lawyers may be interested in more than just a hit-and-run investigation, as reports recently surfaced that Kamal has a history of insurance fraud,

something he vehemently denies.

"Thaer feels that Lindsay's camp has bullied him by making up stories that he was being investigated for insurance fraud," a source says. "(His lawyers) will be investigating who made those false statements about Thaer being the focus of insurance fraud investigations and will take the appropriate legal action against those responsible for the false and defamatory comments if necessary."



Megan Fox

## Megan Fox rumoured to be pregnant

After answering a slew of parenting-related questions while promoting *Friends with Kids*, Megan Fox is reportedly expecting her first child with husband Brian Austin Green, according to *Star* magazine.

"They just found out,"

a source claims, "And are incredibly excited."

The happy couple won't be sharing the news just yet, though, the source warns. "It's still early, so they are only telling close friends and family members."



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## 3

## LIFE

## Fashion flash

## Emerging icon

The Hunger Games star Jennifer Lawrence is not only replacing Kristen Stewart as Hollywood's most popular teen heroine, but she's out dressing her too. And that Vogue cover will be coming in three, two...

## Attention needed

Katy Perry and Karl Lagerfeld's man, Baptiste Giabiconi, have been "sneaking" around for all the paparazzi to "catch." Yawn and snore. We think Baptiste did a better acting job in those Magnum commercials.  
METRO WORLD NEWS

## On the Web



Everyday glamour — a la 'Gatsby' — returns as favourite fashion look for spring.

# Trend of the week: white vs. floral brights

**Fashion fight.** Which trend will win in this spring style dust-up?

KENYA HUNT

Metro World News in London

Forget about the magazines for a second, and let's talk about the trends that women are actually wearing.

When it comes to updating your wardrobe for spring, there seems to be two schools of thought emerging on the street.

In the right corner: Team White. This is a look that is painfully easy to pull off (hurrah) and reliably chic.

A win-win, no? The trick is to wear it head-to-toe — like, ivory trousers and a matching blazer as a fashion forward update on the work suit or white shorts and a coordinating button-down as a light way to ease into spring. Just don't eat any condi-



Head-to-toe white in London...

MICHELLE BOBB-PARRIS



And in Paris. KARL-EDWIN GUERRE



Bright florals spotted on the street in Paris...

GHA TONICS



And in Milan. GHA TONICS

ments with your lunch that day.

And in the left: Team Floral Brights — a look that

was adopted by practically every fashion editor during last month's ready-to-wear shows. You can take the

whole-hog approach by mixing them in different colour ways and layering them on generously or just dip one

toe into the trend pool by limiting the print to a single pair of jeans or a skirt—the bolder the colour, the better.

## Team White

## H&amp;M

Leather vest  
\$199, HM.COM



## Team White

## Mango

Tailored trouser  
\$63, ASOS.COM

## Team Floral Brights

## Carin Wester

Blouse  
\$150 PIXIEMARKET.COM



## Team Floral Brights

## Goldsign

Jeans  
\$225, NETAPORTER.COM

## Team Floral Brights

## Elizabeth and James

Pajama pants  
\$325, SHOPBOP.COM



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**JEANNE SPACE**  
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**@Jeanne\_Beker:** How many prs of shoes does one really need to take on a beach vacation? Flip flops, sneakers, wedges, stilettos.. + how many of each? Arghh!

**@Joanna242** Leave the sneakers behind and pack a couple of extra pairs of sexy sandals...

**@Jeanne\_Beker** But what if I want to hit the tennis court? Or go for a sail???

**@jamillahross** Barbados is very fashionable. I'd pack more shoes, not less.

**@Jeanne\_Beker** Good advice!!!



**@Jeanne\_Beker:** Overlooking The Crane beach...out for a pre-dinner cocktail with @qualityslippers + @joeyoneil

**@Jeanne\_Beker:** Barbados: Heaven on earth! My terrace at The Crane. Savouring EVERY second. And I just got here!!!



**@Jeanne\_Beker:** Just been offered a rum punch at 9:30 am! Where else but on a Catamaran "Cool Runnings" cruise?

**@sarahleeswagger** try pasoa, it will electrify your taste buds - i promise.

**@DanielRWilson** I trust you said yes. Only to be polite, really.

**@fashionNE** I would kill for some of that rum punch right now, feels like a Monday morning here in the real world

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV.

JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

# A leg up on the bolds and brights

**Bottoms up.** Ditch those dull blue jeans in exchange for some extra loud leg-wear

Your attention, please: One of the easiest ways to spruce up your wardrobe this spring is with a splash of colour. It doesn't have to go on your lips or over your shoulder — and not across your chest, either. This season, the place for bold colour is on the bottom.

Coloured denim and, by extension, every other kind of pants and trousers in hues as bright as the rainbow, are a key look in stores at every end of the shopping spectrum. Part of the pervasiveness is that it's pretty democratic: You find the shape and silhouette that you like best and find the shade that best complements your skin tone. Swap out blue or khaki and, voila, you're on trend.

Think of it as you would a fresh coat of paint.



Colour on colour? Yes please!

AMERICAN EAGLE OUTFITTERS/  
THE ASSOCIATED PRESS

"We see coloured bottoms as easy to wear, believe it or not."

Reverse whatever outfit you would have worn before, she suggests: Instead of jeans and a bold pink or red top, put the colour on the bottom and pair it with a denim chambray shirt — maybe even a western style — or go for a little femininity with a white lace tank top peeking out the top of a crisp white or blue button-down. You're also likely to find an easy transition into crocheted or other loose-weave sweaters in natural, neutral colours, too, Ward says.

However, she adds, while there are many user-friendly ways to wear coloured pants, don't expect any of them to go unnoticed. Turning a few heads is the point, Ward says, and eventually you'll gain the confidence to put the bright top with the bright bottom. "Being bold is very modern ... and the most modern way to do this is colour on colour. Wear the unexpected — a red bottom, tangerine tank and cobalt blue cardigan." **THE ASSOCIATED PRESS**

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# Shake up your favourite comfort foods with new ingredients

**Sweet Potato and Sausage Shepherd's Pie.** This dish combines elements of the classic and some new tasty additions

Some people are adamant about keeping dishes like Shepherd's Pie traditional.

For those who are not, this version uses corn, a thick bed of mashed sweet potatoes, a sausage base and some lean ground beef for good measure.

The result is savoury and sweet in just the right balance.

1. Heat oven to 200 C (400 F). Lightly oil a standard loaf pan.

2. Place sweet potatoes in a large pot and add enough water to cover by 2.5 cm (1 inch). Bring to a boil and cook until tender, about 10 minutes. Meanwhile, in a

## Ingredients

- 2 sweet potatoes, peeled and cut into chunks
- 15 ml (1 tbsp) olive oil
- 4 cloves garlic, minced
- 1 yellow onion, diced
- 250 g (1/2 lb) loose Italian sausage meat
- 250 g (1/2 lb) lean ground beef
- 1 ml (1/4 tsp) black pepper
- 175 ml (6 oz) stout or other dark beer (about half a bottle)
- 22 ml (1 1/2 tbsp) cornstarch
- 30 ml (2 tbsp) cool water
- 1 can (398 ml/14 oz) corn kernels, drained
- 1 small can (about 245 ml/8 1/4 oz) creamed corn
- 125 ml (1/2 cup) milk
- 30 ml (2 tbsp) butter
- 15 ml (1 tbsp) brown sugar
- Salt, to taste

large skillet over high, combine olive oil, garlic and onion. Sauté for 5 minutes or until just tender.

3. Add sausage, beef and pepper. Sauté until meat

is browned and cooked through, about 8 minutes. Add beer and simmer until reduced by half, about 4 minutes.

4. In a small glass, mix cornstarch with cool water. Add cornstarch mixture to meat and stir until thickened. Remove from heat.

5. Spread meat and onion mixture evenly in loaf pan. In a small bowl, mix corn kernels and creamed corn, then spread in an even layer over meat. Set aside.

6. Once the sweet potatoes have cooked, drain and return them to the pot. Add the milk, butter and brown sugar, then mash potatoes until smooth. Season with salt.

7. Spoon the potatoes evenly over corn. Bake for 35 minutes or until the potatoes are lightly browned at the edges.

THE ASSOCIATED PRESS

## Sweet Potato and Sausage Shepherd's Pie



This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS

## Cookbook of the Week

### The One Dish Collection



There's nothing quite like classic comfort dishes. That's why food director Annabelle Waugh and the test kitchen staff at Canadian Living magazine have released The One Dish Collection (Transcontinental Books, \$26.95).

The book contains 183 recipes with 80 illustrations that came from staff members who remembered their favourite meals as youngsters growing up.

The recipes are split into the chapters: soups, stews, hearty salads, casseroles, skillet and simmers, and pastas and risottos. **THE CANADIAN PRESS**

# The good old Ham & Cheese sandwich gets a bistro feel



This recipe serves six. THE CANADIAN PRESS H/O

Chef Melissa Craig of the Bearfoot Bistro in Whistler, B.C., created this delicious grilled cheese sandwich for a recent competition in Toronto.

"My favourite comfort food of all time is grilled cheese," she says. "I like a simple grilled cheese with ketchup. However, I decided to put a twist and make a tomato tapenade with some spicy arugula for a meal or a snack any time of the day or night."

1. Chop together tomatoes, olives, garlic and capers. Place in a bowl. Slowly add olive oil, stir in Parmesan and finish seasoning with fresh pepper. Set tapenade aside.

2. Preheat grill to low heat. Slice ciabatta bread straight across into round disks about 1 cm (1/2 inch) thick.

3. Assemble each sandwich with Swiss cheese, ham and arugula. Lightly brush both sides of bread with olive oil. Lightly grill each side of sandwich over very low heat. Remove from grill and place on plates with 5 ml (1 tsp) of tapenade on top. **DAIRY FARMERS OF CANADA, DAIRYGODNESS. CA/RECIPES/HAM-GRILLED-CHEESE/**

## Ingredients

- 1 rustic ciabatta bread
- 125 ml (1/2 cup) extra virgin olive oil
- 250 g (8 oz) Swiss cheese
- 270 g (9 oz) smoked or Black Forest ham
- 1 bunch arugula leaves
- Cracked black pepper
- Tapenade**
- 60 g (2 oz) sun-dried tomatoes, soaked
- 30 g (1 oz) kalamata olives
- 1/2 clove garlic, chopped
- 15 ml (1 tbsp) capers
- 35 ml (25 ml/1/8 cup plus 10 ml/2 tsp) olive oil
- 30 ml (2 tbsp) Parmesan cheese

## Sandwich Tips

- **Make ahead.** Tapenade can be made up to one week ahead and may be served on top or on the side.
- **Swap it.** You could use prosciutto instead of ham.

**EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOKS.CA)**

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# The right-size furniture matters

**Decor ideas.** A measuring tape is a mover's best friend



**DESIGN CENTRE**  
Karl Lohnes  
home@metronews.ca

**I am moving into a spacious walk-up apartment. I am concerned that the narrow hallways and stairwells might impede me from getting larger furniture pieces into my space. Any ideas or design tricks?**

**Tina Daenz, via email.**

As a former walk-up apartment renter myself, I know your anxiety around getting furniture up.

Here's a few things you should be cautious of when ordering furnishings, and a few moving solutions I learned.

## Bed

If a king-size bed is your choice then opt for the split-box spring. Each piece is the size of a single box spring, which makes it easy to move around in tight spaces. You can also choose two smaller mattresses (called twin plus), which is great for customizing your comfort level from one side to the other, and still enjoy the size of a king bed. Co-ordinate the split bed with one king-size headboard and bedskirt to give a finished king-size look to the bed.

## Couch

If a comfy sofa is just too large to be brought up a skinny staircase, consider a grouping of lightweight, small-scaled club chairs. You'll create a lounge feel with the chairs around a cocktail table or large round ottoman and you'll be seating as many people as if you had the traditional sofa and chair set. Plus, you'll have more flexibility for re-arranging the furniture during holidays and parties (see the Tess Chair, above).



Forgo a long sofa and consider individual club chairs in the living room. Tess Chair, \$1,380, Crate and Barrel. CRATE AND BARREL

Forget about a sleeper sofa altogether; not only are they heavy, they are usually much deeper in size than a regular sofa (the extra depth helps contain the mattress mechanism).

## Cabinets

Armoires and china cabinets too large? Find furnishings that disassemble or can be placed together once inside the de-

sired room. If choosing a china cabinet, make sure it comes in the form of a credenza and hutch; each piece will be easier to move up and down stairs.

You can also purchase three

or four smaller cabinets or bookshelves and line them up along a long wall for the look of one large piece of furniture (see the Stockholm Glass Cabinet, left).

## Like a 'ship in a bottle'

Here's a list of easily-moved items that can offer big impact and still move easily up the stairs:

- **Area rugs.** Look for colourful, large patterned rugs to fill a room with style.
- **Draperies.** Make small windows look larger by hanging draperies on the dead wall space beside windows.
- **Artwork.** A big mirror or a piece of art helps create a focal point in a room and offers something large-scale without taking up precious floor space.
- **Paint.** If you've got a naturally dark room in your place paint it a dark colour for unexpected drama.
- **Lighting.** Whether you are renting or own your home, new lighting is a great way to make a place feel sexy at night. A single spotlight on a piece of art or a dramatically painted wall washed with light will help create a special mood in your new place.



Ikea Stockholm glass-door cabinet in black, \$399. IKEA

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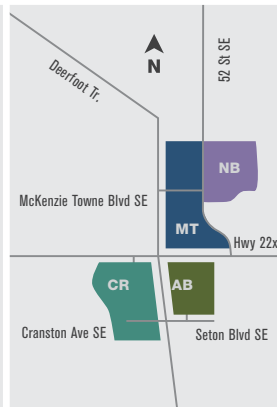
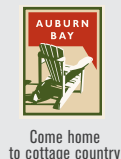
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# Hard-to-kill house plants

Some people have a toxic touch when it comes to caring for house plants — meaning they forget or don't have time to water them. London-based horticulturalist Carlos Magdalena gives us five low-maintenance species that'll survive almost complete neglect.

METRO WORLD NEWS

1

## For the living room: Moth Orchid (*Phalaenopsis orchid*)

"This produces a beautiful cascade of flowers in different colour varieties and is best placed in shady places. They do tend to die if over-watered, so it's perfect for forgetful types."



## For the bathroom: Bromeliad (*Bromeliaceae*)

"Its leaves can be watered via the shower. The flowers in the centre of the plant come in very bright reds and oranges. Although the flowers do not last long, the spike that appears in the middle is an eye-pleaser."



2

## For the bedroom: South African violet (*Saintpaulia*)

"This one would be ideal for the bedroom because it is compact and could fit on a bedside table. It'll survive in low light and it likes to be neglected. You can leave it for over a week without water."



3

## For the hallway: Monstera 'The Swiss cheese plant'

"This tropical-looking plant can survive in a low humidity and low light environment," Magdalena says.

"It's known as the 'Swiss cheese' plant because of the holes in its leaves. It's a large plant, so it will need a relatively generous space."



## For the kitchen: Madagascar jasmine (*Stephanotis floribunda*)

"It's a small plant with a jasmine scent. Stephanotis has thick leaves and requires some water (but don't waterlog), perhaps near the kitchen sink. The one thing to remember with this plant is to keep it away from radiators."



5



## Charles the butler. Sometimes a lot of hot air can be a great thing



**CHARLES  
THE BUTLER**  
askcharlesthebutler@  
metronews.ca  
For more, visit  
charlesmacpherson.com

Dear Charles the butler, I believe I saw you on television one day speaking about dry cleaning vs. steaming and how steam cleaning is better for a suit, pants, etc... unless they have a stain in which case they should go to the dry cleaners.

I want to buy a steamer (as both myself and my husband wear suits to work every day). I have been doing some research but am not sure

which machine I should get. Do you recommend one over another?

I look forward to hearing from you and am very appreciative of any advice you can give me.

Thank you,  
Shawn Hamilton

Dear Shawn,

Yes, I do very much advocate steaming natural fibre clothing on a regular basis. It takes out the wrinkles, relaxes the fibres and removes odours as the steam kills bacteria. Steaming a suit regularly is a good thing!

I can honestly say that I love the steamer from Jiffy 2000

### Why steam your clothes?

**"Steaming takes out the wrinkles, relaxes the fibres and removes odours as the steam kills bacteria."**

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Finally, once you have your Jiffy Steamer you will need to know how to use it, and, luckily, the company has some great

videos on their website.

My advice is to buy a commercial brand steamer (such as the one I mentioned above) because, from my experience, they work better and last longer.

Happy steaming!  
Charles the butler

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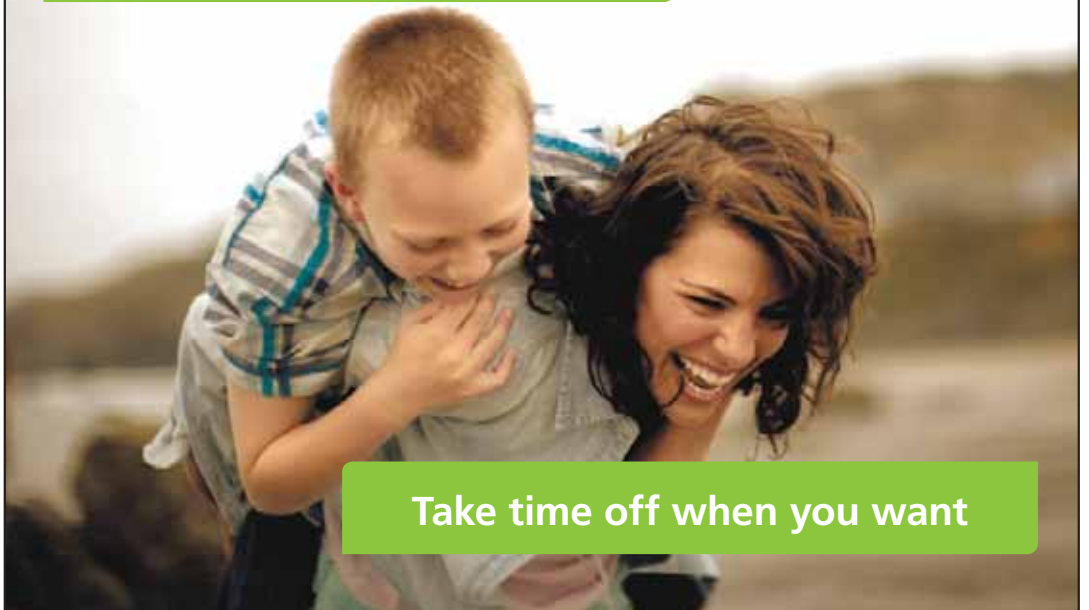


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# Make your own fabric coaster with the English paper-piercing method

**DIY ideas.** Using a simple paper template, you can create a handmade cup rest

As a child, artisan Andrea Sadgrove made tiny quilts from felt scraps for her toys. Her love of sewing developed into Liligo — a business making children's clothes from recycled and organic cottons.

For this week's DIY, Sadgrove shows Metro readers how to do the English paper-piercing method. She



STEP 1 COURTESY ANDREA SADGROVE



STEP 2 COURTESY ANDREA SADGROVE



STEP 3 COURTESY ANDREA SADGROVE



STEP 4 COURTESY ANDREA SADGROVE



The finished product — now reward yourself with a cuppa. COURTESY ANDREA SADGROVE

enjoys the portability of this quilting technique as it is done by hand.

**Step 1:** Cut out seven one-inch hexagon templates from paper (you can buy pre-made templates, or find some on the Internet). Using a ruler and pencil/chalk, cut seven fabric squares, each measuring 2.5 inches (you can make a template from cardboard, or buy these read-made from a quilting supply store or online).

**Step 2:** Pin a paper hexagon to the centre of each fabric square. Fold down the fabric as shown and baste around the entire hexagon, taking care to stitch through the fabric only, not the paper.

**Step 3:** Repeat with the remaining six hexagons and fabric. Stitch the hexagons together using a whipstitch or ladder stitch, again taking care to just sew through the fabric layers, not the paper.

**Step 4:** Press well. This is your coaster top. Using the coaster top as a guide, draw around it onto a piece of felt (this will become your backing). Remove the pa-

pers from inside the hexagons; you can reuse these for more coasters. Sew the backing to the quilt top, wrong sides together, using a coordinating thread so that stitches do not show.

## What you'll need:

- **Sewing stuff.** Scissors, pins, needle, thread
- **Assorted fabric scraps.** Each piece should be large enough to cut out a 2.5-inch square (seven squares in total)
- **Drawing tools.** Ruler and pencil/dressmaker's chalk
- **Felt.** It should be around a six-inch square for the back of the coaster. "I recommend 100 per cent wool felt as it doesn't shrink when washed, has a good feel to it and is environmentally friendly. You can use eco-felt if you wish, as it also doesn't shrink, but it's generally not as thick and is more shiny, so more slippery," says Sadgrove.

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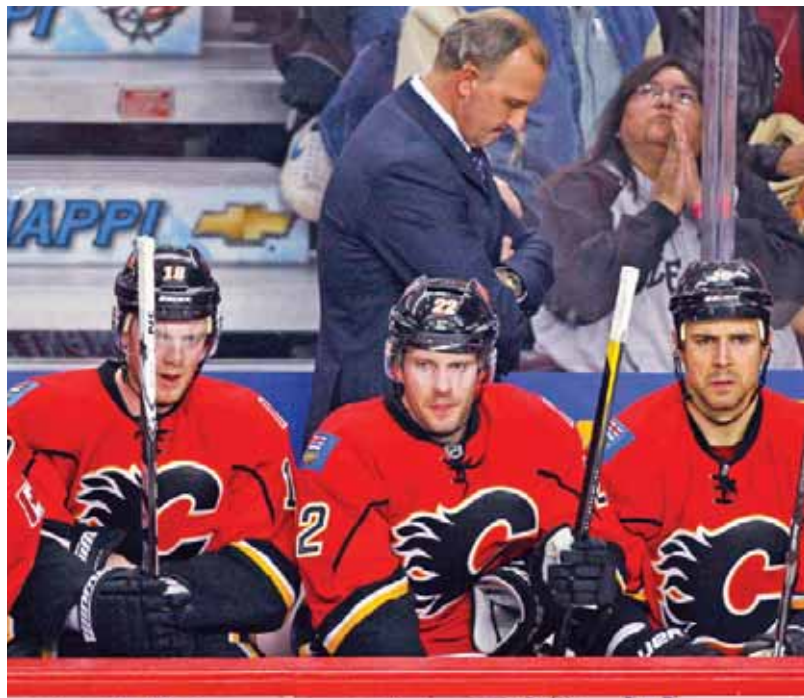
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# Flames left behind in chase as Kings move into eighth



Flames coach Brent Sutter paces the bench on Wednesday night. JEFF MCINTOSH/THE CANADIAN PRESS

**NHL.** Los Angeles slides into final West playoff spot with big win in Saddledome

Jonathan Quick stopped all 19 shots he faced as the Los Angeles Kings blanked the Calgary Flames 3-0 on Wednesday.

Willie Mitchell, Dustin Brown and Justin Williams scored for the Kings (38-27-12), who snapped a two-game losing streak and moved into eighth place in the Western Conference. Anze Kopitar had two assists.

Quick recorded his ninth shutout of the 2011-12 campaign to break the previous club record of eight that he shared with Rogatien Vachon, who set the previous standard in the 1976-77 season.

The Kings blanked their opponents for the 10th time this season to tie a club record set in 2000-01. The Kings have also been shut out 10 times this season, though they earned a 1-0 shootout win over the St. Louis Blues in one of those games on March 22 at home.

Miikka Kiprusoff stopped 27-of-30 shots he faced in the

Wednesday's game

3

Kings

0

Flames

Calgary net.

The Flames (35-28-15) have gone 1-3-3 in their past seven games and are three points behind the Kings for the final playoff berth in the Western Conference with four games remaining on their schedule.

After going 3-for-6 on the power play during their 5-4 win over the Dallas Stars at home on Monday, the Flames failed to score on four chances with the man advantage against L.A.

On the first shift of the game, the Kings hemmed the Flames into their own zone, but Kiprusoff turned aside shots by Rob Scuderi, Jeff Carter and Drew Doughty.

The Kings kept pressing and were rewarded at 5:03 of the opening frame when Mitchell did a great job to keep the puck in at the point before blasting a shot through traffic that snuck through Kiprusoff's legs.

THE CANADIAN PRESS

## NBA. NCAA's best no match for Wiz: Van Gundy

Stan Van Gundy said Wednesday the notion that Kentucky could beat an NBA team is "absurd."

The Orlando Magic coach was asked about comments by former Maryland coach Gary Williams, who told a Washington radio station that he thought the Wildcats could beat the NBA's Wizards in one game at Rupp Arena.

The Wildcats, the favourites to win the NCAA title next week, have multiple players who are expected to be NBA lottery picks. That's not enough for Van Gundy.

"Look, it's absurd," he said



Stan Van Gundy. DEERING/GETTY IMAGES

before the Magic faced the New York Knicks. "I mean, people will say, 'Oh, Kentucky you know's got four NBA players.' Yeah, well the other team's got 13."

THE ASSOCIATED PRESS

NBA

## Raptors' Bargnani joins 6,000-point club

Andrea Bargnani reached a milestone by scoring 26 points in the Toronto Raptors' 105-96 victory over the Denver Nuggets on Wednesday. Bargnani came in 13 points shy of 6,000 career points, and reached the milestone with a free throw late in the second quarter.

He is the fourth player score 6,000 as a Raptor, joining Vince Carter, Chris Bosh and Morris Peterson. THE CANADIAN PRESS

## MLB. Dodger fans hopeful with Magic on their side

Magic Johnson is about to learn \$2 billion US only buys you so much. Now he'll need to bring the Los Angeles Dodgers the same success he brought the Lakers.

News Johnson and his partners agreed to purchase the team sparked a groundswell of excited chatter and optimism around Los Angeles Wednesday, renewing hope the man who ran "Showtime" could restore lustre to the once-proud franchise.

The amount Johnson and his partners are paying would be mind-blowing if it was just for the team itself.

Quoted

"As Magic used to say, the Dodgers were the team that used to run L.A. Definitely we're going to have more fans out there this year."

Matt Kemp, Dodgers centre-fielder

But it also gives Johnson's group the right to reel in future riches from TV and real estate associated with the Dodgers.

THE ASSOCIATED PRESS

4

SPORTS

Quoted

"We knew what his character was and what kind of guy he was going to be in the clubhouse. So that obviously came out the way it was expected. Omar just had a very good camp and he deserved to be on the team."

Toronto Blue Jays general manager Alex Anthopoulos on Omar Vizquel, who has played his way into another season in the majors. Boosted by an excellent showing in spring training, the backup infielder was added to the Blue Jays' roster Wednesday a month before his 45th birthday, making him the oldest active position player in the big leagues.

On the web



LeBron James has a dislocated finger but, despite doctors' wishes, will take the floor for the Heat as the Dallas Mavericks return to Miami for the first time since winning the NBA championship last June at American Airlines Arena. Scan the code for the story.

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# NATIONAL HOCKEY LEAGUE

## EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-NY Rangers	77	49	21	2	5	213	172	105	26-10-0-2	23-11-2-3	7-3-0-0	W3
d-Boston	76	45	28	1	2	249	186	93	23-13-1-1	22-15-0-1	5-5-0-0	W3
d-Florida	76	37	24	5	10	189	208	89	20-9-1-9	17-15-4-1	6-1-0-3	W1
x-Pittsburgh	76	47	23	3	3	256	200	100	27-9-2-0	20-14-1-3	7-2-1-0	L1
x-Philadelphia	76	44	24	2	6	241	213	96	21-12-1-4	23-12-1-2	6-3-0-1	L1
New Jersey	77	43	28	2	4	208	201	92	21-13-0-4	22-15-2-0	5-4-0-1	W1
Ottawa	77	39	28	6	4	236	227	88	20-15-2-2	19-13-4-2	5-3-0-2	W2
Buffalo	77	38	29	4	6	202	210	86	20-11-3-5	18-18-1-1	7-1-0-2	W5
Washington	77	38	31	4	4	206	219	84	24-11-2-2	14-20-2-2	5-3-1-1	L1
Winnipeg	77	35	34	4	4	207	227	78	23-13-1-3	12-21-3-1	3-7-0-0	L3
Tampa Bay	76	35	34	4	3	216	260	77	23-14-1-1	12-20-3-2	4-5-1-0	L1
Carolina	77	31	31	9	6	205	228	77	19-13-1-5	12-18-8-1	6-4-0-0	W1
NY Islanders	76	32	33	7	4	185	227	75	16-15-5-1	17-17-3-2	5-3-1-1	W2
Toronto	77	33	35	4	5	217	242	75	16-15-3-4	17-20-1-1	3-5-0-2	L2
Montreal	77	29	34	4	10	199	214	72	14-15-2-8	15-19-2-2	4-2-2-2	L2

## WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-St. Louis	77	48	20	1	8	199	147	105	30-4-1-3	18-16-0-5	6-2-0-2	W2
y-Vancouver	76	46	21	2	7	230	187	101	22-10-0-4	24-11-3-2	5-4-1-0	W3
d-Dallas	77	42	30	1	4	205	203	89	22-14-0-3	20-16-1-1	6-4-0-0	W1
x-Detroit	77	46	26	3	2	239	191	97	30-5-1-1	16-21-1-1	3-5-2-0	L1
Nashville	77	44	25	3	5	219	202	96	24-9-2-3	20-16-1-2	5-4-0-1	L1
Chicago	77	42	26	4	5	231	222	93	26-8-1-4	16-18-3-1	6-2-0-2	L2
San Jose	76	39	27	5	5	210	196	88	24-12-2-1	15-15-3-4	6-3-1-0	W3
Los Angeles	77	38	27	5	7	178	165	88	21-14-0-4	17-13-5-3	7-3-0-0	W1
Phoenix	77	37	27	3	10	200	202	87	19-13-2-4	18-14-1-6	4-2-0-4	L2
Colorado	78	40	32	4	2	201	207	86	22-15-1-1	18-17-3-1	5-3-1-1	L3
Calgary	78	35	28	6	9	191	215	85	21-11-1-5	14-17-5-4	4-2-2-2	L1
Anaheim	76	32	33	5	6	191	212	75	20-17-2-0	12-16-3-6	4-5-1-0	L1
Minnesota	76	31	35	2	8	161	210	72	17-16-1-3	14-19-1-5	3-7-0-0	L3
Edmonton	77	31	37	3	6	207	226	71	18-16-2-3	13-21-1-3	5-2-1-2	L1
Columbus	77	25	45	2	5	181	252	57	15-21-1-2	10-24-1-3	3-7-0-0	W1

x — clinched playoff berth; d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

### Last night's results

N.Y. Rangers 4 Winnipeg 2  
Los Angeles 3 Calgary 0  
Dallas 3 Edmonton 1  
Columbus 4 Detroit 2  
Colorado at Vancouver  
San Jose at Anaheim  
**Tuesday's results**  
Carolina 3 Toronto 0  
Florida 3 Montreal 2 (SO)  
Boston 5 Tampa Bay 2  
Buffalo 5 Washington 1  
New Jersey 2 Chicago 1 (SO)  
N.Y. Islanders 5 Pittsburgh 3  
N.Y. Rangers 3 Minnesota 2  
St. Louis 3 Nashville 0  
**Tonight's games**  
**All Times Eastern**  
Washington at Boston, 7 p.m.  
Philadelphia at Toronto, 7 p.m.  
Tampa Bay at New Jersey, 7 p.m.  
Pittsburgh at N.Y. Islanders, 7 p.m.  
Florida at Minnesota, 8 p.m.  
St. Louis at Chicago, 8:30 p.m.  
San Jose at Phoenix, 10 p.m.  
**Tomorrow's games**  
Winnipeg at Carolina, 7 p.m.  
Florida at Columbus, 7 p.m.  
Montreal at N.Y. Rangers, 7:30 p.m.  
Pittsburgh at Buffalo, 7:30 p.m.  
Nashville at Detroit, 7:30 p.m.  
Colorado at Calgary, 9 p.m.  
Los Angeles at Edmonton, 9:30 p.m.  
Dallas at Vancouver, 10 p.m.  
**Saturday's games**  
Boston at N.Y. Islanders, 1 p.m.  
Ottawa at Philadelphia, 1 p.m.  
Buffalo at Toronto, 7 p.m.  
Montreal at Washington, 7 p.m.  
New Jersey at Carolina, 7 p.m.  
Winnipeg at Tampa Bay, 7 p.m.  
Columbus at St. Louis, 8 p.m.  
Chicago at Nashville, 8 p.m.  
Los Angeles at Minnesota, 8 p.m.  
Anaheim at Phoenix, 9 p.m.  
Calgary at Vancouver, 10 p.m.  
Dallas at San Jose, 10:30 p.m.

## RANGERS 4, JETS 2

### First Period

No Scoring.

**Penalties** — Bickel N.Y.R. (holding) 10:24, McDonagh N.Y.R. (tripping) 10:41, Stralman N.Y.R. (delay of game) 14:20.

### Second Period

1. Winnipeg, Machacek 2 (Maxwell, Stuart) 3:58  
2. Winnipeg, Little 23 (Wheeler, Ladd) 4:54  
3. N.Y. Rangers, Del Zotto 8 (Callahan) 7:44 (sh)  
4. N.Y. Rangers, Callahan 28 (Gaborik, Del Zotto) 18:23 (pp)

**Penalties** — Boyle N.Y.R. (boarding) 0:27, Dubinsky N.Y.R. (slashing) 6:35, Kane Wpg (slashing) 8:19, Burmistrov Wpg (holding) 18:00, Ladd Wpg (double high-sticking) 18:53.

### Third Period

5. N.Y. Rangers, Boyle 9 (Fedotenko, McDonagh) 3:07  
6. N.Y. Rangers, Stepan 17 (Gaborik, Richards) 10:06 (pp)

**Penalties** — Bickel N.Y.R., Glass Wpg (fighting) 5:56, Burmistrov Wpg (holding) 8:46.

### Shots

N.Y. Rangers 4 15 9 28  
Winnipeg 2 11 8 5 24  
**Goal** — N.Y. Rangers: Lundqvist (W.37-16-5); Winnipeg: Pavelec (L.28-28-7). **Power plays (goals-chances)** — N.Y. Rangers: 2-5; Winnipeg: 0-5.  
**Referees** — Gord Owiyer, Brad Watson. **Linesmen** — Ryan Galloway, Brad Kovachik.  
**Attendance** — 15,004 (15,004) at Winnipeg.

## KINGS 3, FLAMES 0

### First Period

1. Los Angeles, Mitchell 5 (Kopitar, Vovnov) 5:30  
**Penalties** — Stoll LA (cross-checking) 6:03, Hannan Cal (interference) 12:23, Richards LA (goaltender interference) 17:43.

### Second Period

2. Los Angeles, Brown 20 (Kopitar, Doughty) 4:22  
**Penalties** — King LA (tripping) 6:12, Wilson Cal (interference) 12:31, Giordano Cal (holding) 16:34, Greene LA (slashing) 19:09.

### Third Period

3. Los Angeles, Williams 19, 18:51 (en)  
**Penalties** — Martinez LA (slashing), Jackman Cal (high-sticking) 6:31, Jackman Cal (tripping) 19:12.

### Shots

Los Angeles 14 7 9 30  
Calgary 9 6 4 19

**Goal** — Los Angeles: Quick (W.33-21-11); Calgary: Kiprusoff (L.34-21-11). **Power plays (goals-chances)** — Los Angeles: 0-4; Calgary: 0-4.  
**Referees** — Dan O'Rourke, Kevin Pollock.

**Linesmen** — Pierre Champoux, Mark Wheler.  
**Attendance** — 19,289 (19,289).

## STARS 3, OILERS 1

### First Period

1. Dallas, Ryder 34 (Ribeiro, Robidas) 11:53  
**Penalties** — Sutton Edm (slashing) 6:37, Horcoff Edm (boarding) 13:11.

### Second Period

2. Dallas, Ribeiro 18 (Eriksson, Ryder) 5:05  
**Penalties** — Ryder Dal (tripping) 8:25, Eriksson Dal (hooking) 14:49, Horcoff Edm (hooking) 19:52.

### Third Period

3. Dallas, Ryder 35 (Ribeiro, Eriksson) 4:11  
4. Edmonton, Hemsley 10 (Smyth, Potter) 8:21  
**Penalties** — Goligoski Dal (hooking) 4:51, Whitney Edm (tripping) 12:50, Garbutt Dal (hooking) 15:00, Jones Edm (holding) 16:25.

### Shots on goal by

Dallas 13 6 6 25  
Edmonton 12 9 11 32

**Goal** — Dallas: Lehtonen (W.32-18-4); Edmonton: Dubnyk (L.19-18-2).

**Power plays (goals-chances)** — Dallas: 0-5; Edmonton: 0-4.

**Referees** — Chris Lee, Kyle Rehman. **Linesmen** — Thor Nelson, Bryan Panchich.  
**Attendance** — 16,839 (16,839).

# BASKETBALL

## NCAA MEN'S TOURNAMENT

### FINAL FOUR

At New Orleans  
**All Times Eastern**

### SEMINALS

**Saturday's games**  
Kentucky (36-2) vs. Louisville (30-9), 6:09 p.m.  
Ohio State (31-7) vs. Kansas (31-6), 8:49 p.m.

### CHAMPIONSHIP

**Monday, April 2**  
Kentucky-Louisville winner vs. Ohio State-Kansas winner, 9 p.m.

# LACROSSE

## NLL

### WEEK 13

**All Times Eastern**  
**Tomorrow's game**  
Calgary at Minnesota, 8:30 p.m.

### Saturday's games

Colorado at Rochester, 1:05 p.m.  
Toronto at Buffalo, 7:30 p.m.  
Minnesota at Edmonton, 9 p.m.  
Washington at Calgary, 9 p.m.

# NBA

## EASTERN CONFERENCE

	W	L	Pct	GB
x-Chicago	41	11	.788	—
d-Miami	35	13	.729	4
Orlando	32	19	.627	8½
d-Philadelphia	28	22	.560	12
Indiana	29	20	.592	10½
Atlanta	30	22	.577	11
Boston	28	22	.560	12
New York	26	25	.510	14½
Milwaukee	23	27	.460	17
Detroit	18	32	.360	22
Cleveland	17	31	.354	22
Toronto	17	34	.333	23½
New Jersey	17	35	.327	24
Washington	11	38	.224	28½
Charlotte	7	41	.146	32

## WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	38	12	.760	—
d-San Antonio	35	14	.714	2½
d-L.A. Lakers	31	19	.620	7
L.A. Clippers	28	21	.571	9½
Dallas	22	29	.436	15½
Memphis	27	21	.563	10
Utah	27	24	.529	11½
Houston	27	24	.529	11½
Denver	27	24	.529	11½
Phoenix	25	25	.500	13
Minnesota	25	27	.481	14
Portland	23	27	.460	15
Golden State	20	28	.417	17
Sacramento	17	33	.340	21
New Orleans	12	37	.245	25½

d-division leader x-clinched playoff spot  
**Last night's results**

Detroit 87 Cleveland 75  
Minnesota 88 Charlotte 83  
Toronto 105 Denver 96  
New York 108 Orlando 86  
Chicago 98 Atlanta 77  
Boston 94 Utah 82  
New Jersey 100 Indiana 84  
San Antonio 117 Sacramento 112  
New Orleans at Golden State  
Phoenix at L.A. Clippers  
**Tuesday's results**  
Philadelphia 103 Cleveland 85  
Memphis 93 Minnesota 86  
Milwaukee 108 Atlanta 101  
Dallas 90 Houston 81  
Oklahoma City 109 Portland 95  
San Antonio 107 Phoenix 100  
L.A. Lakers 104 Golden State 101

### Tonight's games

**All Times Eastern**  
Washington at Indiana, 7 p.m.  
Dallas at Miami, 8 p.m.

New Orleans at Portland, 10 p.m.  
Oklahoma City at L.A. Lakers, 10:30 p.m.

### Tomorrow's games

Denver at Charlotte, 7 p.m.  
Miami at Toronto, 7 p.m.  
Philadelphia at Washington, 7 p.m.

New York at Atlanta, 7:30 p.m.  
Milwaukee at Cleveland, 7:30 p.m.

Detroit at Chicago, 8 p.m.  
Memphis at Houston, 8 p.m.

Boston at Minnesota, 8 p.m.  
Dallas at Orlando, 8 p.m.

Sacramento at Utah, 9 p.m.  
New Jersey at Golden State, 10:30 p.m.

Portland at L.A. Clippers, 10:30 p.m.

### CALENDAR

**April 26** — Regular season ends  
**April 27** — Rosters set for playoffs, 3 p.m. EDT

**April 28** — Playoffs begin.  
**April 29** — Draft early entry eligibility deadline, 11:59 p.m. ET

**May 30** — Draft lottery

# MLB

## SPRING TRAINING

### AMERICAN LEAGUE

	W	L	Pct
Toronto	14	4	.840
Oakland	14	5	.737
Detroit	15	6	.714
Los Angeles	15	10	.600
Seattle	12	8	.600
New York	13	10	.565
Kansas City	14	11	.560
Minnesota	15	12	.556
Boston	12	10	.545
Baltimore	10	11	.476
Chicago	11	15	.423
Texas	8	16	.333
Tampa Bay	7	15	.318
Cleveland	6	17	.261

## NATIONAL LEAGUE

	W	L	Pct
St. Louis	14	7	.667
San Diego	17	12	.586
San Francisco	15	11	.577
Colorado	14	11	.560
Los Angeles	12	10	.545
Houston	13	12	.520
Chicago	14	14	.500
Milwaukee	11	13	.458
Miami	9	11	.450
Philadelphia	11	14	.440
Cincinnati	11	16	.407
Arizona	10	15	.400
Atlanta	9	14	.391
Washington	8	14	.364
Pittsburgh	8	15	.348
New York	6	16	.273

**NOTE:** Split-squad games count in the standings; games against non-major league teams do not.

### Yesterday's results

Toronto 9 Baltimore 3  
St. Louis 9 Detroit 5  
Minnesota 11 Philadelphia 7  
Atlanta 5 N.Y. Yankees 5 (10 innings)  
Houston 6 Miami 3  
Washington 3 N.Y. Mets 2  
Chicago Cubs 2 Cleveland 0  
Cincinnati 5 L.A. Angels 4  
Milwaukee 7 Arizona 1  
San Francisco 4 L.A. Dodgers 1  
San Diego 13 Chicago White Sox (ss) 2  
Colorado 8 Chicago White Sox (ss) 5  
Pittsburgh vs. Tampa Bay  
Texas vs. Kansas City

### Today's games

**All Times Eastern**  
Tampa Bay vs. Philadelphia at Clearwater, Fla., 1:05 p.m.

Atlanta vs. Washington (ss) at Viera, Fla., 1:05 p.m.

St. Louis vs. Miami at Jupiter, Fla., 1:05 p.m.

Minnesota vs. Pittsburgh at Bradenton, Fla., 1:05 p.m.

Toronto vs. Boston at Fort Myers, Fla., 1:35 p.m.

Chicago Cubs vs. San Diego at Peoria, Ariz., 4:05 p.m.

Cincinnati vs. Milwaukee at Phoenix, 4:05 p.m.

Kansas City vs. L.A. Angels at Tempe, Ariz., 4:05 p.m.

Chicago White Sox vs. L.A. Dodgers at Glendale, Ariz., 4:05 p.m.

Colorado vs. Cleveland (ss) at Goodyear, Ariz., 4:05 p.m.

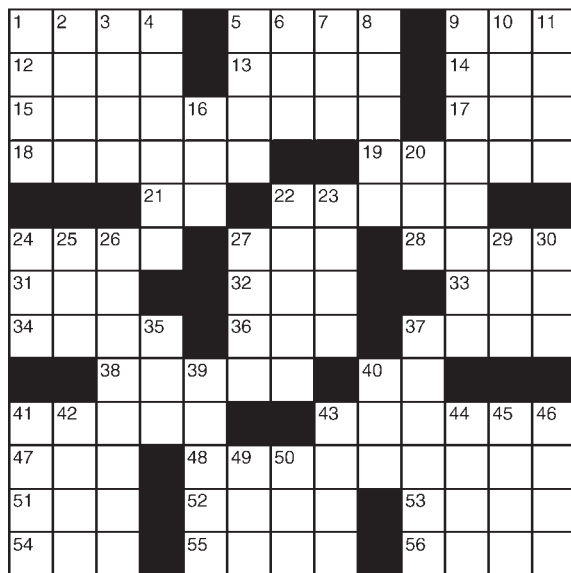
Cleveland (ss) vs. Arizona at Scottsdale, Ariz., 4:1



## Crossword

### Across

- 1 Big bash  
5 Virtue's opposite  
9 Flop  
12 Japanese sashes  
13 Exotic berry  
14 Compass dir.  
15 With-drawing from office  
17 "Cool" amount of cash  
18 Ranking  
19 Part of Hispaniola  
21 Morning hour on a sundial  
22 "Psycho" setting  
24 Hospital furnishings  
27 Space  
28 Organization  
31 Anger  
32 Sailor's assent  
33 "I" strain?  
34 Tournament component  
36 Leno's network  
37 Wan  
38 Reflec-tion  
40 Pacino or Yankovic  
41 Tange cuisine  
43 Ape  
47 Yoko of music  
48 "Ghost" co-star  
51 To the — degree  
52 Author Hunter  
53 Pronto, in the ER  
54 Family  
55 Look for  
56 Highland hats
- Down**  
1 Pantheon figures  
2 Help in a crime  
3 Peru's capital  
4 Unchanged



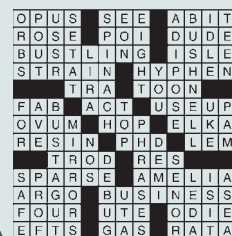
- 5 Cisterns  
6 Here (Fr.)  
7 Has the skill set  
8 Square dance group  
9 Cecil B. and Agnes  
10 One  
11 Sandwich shop  
16 Formal wear  
20 NRC predecessor  
22 Perhaps  
23 Oil cartel  
24 Humongous  
25 Geological time  
26 Wicker-covered bottle  
27 Group of hoods  
29 "Yecch!"  
30 Lad

- 35 Big Aussie bird  
37 Not quite  
39 South American range  
40 Intention  
41 Hit on the head  
42 Oppositionist  
43 Kitchen fixture  
44 Greek vowel  
45 Composer Khachaturian  
46 Profits  
49 Previous night  
50 West of Holly wood

For today's crossword answers and for expanded horoscopes, go to metronews.ca



### Yesterday's answer



## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer



## Weather

TODAY	FRIDAY	SATURDAY
MAX: 12° MIN: 0°	MAX: 8° MIN: 1°	MAX: 6° MIN: -5°



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**WEEKDAYS 5:30 AM**



## Horoscope

### ♈ Aries | March 21 - April 20.

Someone you meet will tell you something that may not mean much to you now, but it could be used to your benefit later on.

### ♉ Taurus | April 21 - May 21.

You will talk your way out of trouble today but how did you get into this position in the first place?

### ♊ Gemini | May 22 - June 20.

You need to convince someone that you know what you are talking about and that you are serious about your aims.

### ♋ Cancer | June 21 - July 22.

You will have to do something you don't want to do, simply because someone else has the power to make you. Do it with a smile.

### ♌ Leo | July 23 - Aug. 22.

With the Sun, your ruler, at odds with Pluto today, chances are you will have to do a lot of explaining.

### ♍ Virgo | Aug. 23 - Sept. 22.

People who have an inflated sense of their own importance are often easy to influence and you can use that fact to your advantage today.

♎ Libra | Sept. 23 - Oct. 22. It appears that someone has a grudge against you and you don't have the faintest idea why. The only way to find out is to ask.

### ♏ Scorpio | Oct. 23 - Nov. 21.

Someone in authority will give you a hard time today and you may be tempted to hit back at him or her in some way. Don't!

### ♐ Sagittarius | Nov. 22 - Dec. 21.

Someone is jealous of the attention you have been getting and would like nothing better than to see you take a fall.

### ♑ Capricorn | Dec. 22 - Jan. 20.

You don't have to exert yourself to any great extent today. You just have to persuade others to do things for you. Easy.

### ♒ Aquarius | Jan. 21 - Feb. 18.

Don't give someone the impression that you agree with what they say when, secretly, you disagree.

### ♓ Pisces | Feb. 19 - March 20.

The whole idea of life is to try new things and that, inevitably, means making mistakes. Go out and make some more. **SALLY BROMPTON**

## Caption Contest

"Ah, I think they're a size six and a half."

Tony

LIONEL CIRONNEAU/THE ASSOCIATED PRESS



### Win!



### You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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